



In writing this book, the author, Sergio Feitoza, imagined it as the basis for a theater movie or a Broadway musical. It mixes a spiritualistic history, thousands of years old, with daily passages in Rio de Janeiro, former capital of Brazil. The theme is close to esoteric and fiction texts.

Sergio Feitoza is a Brazilian-born composer, musician, singer, writer, and engineer. He has had a productive career as an engineer and researcher and over the last 2 years has been changing from 80% of his time in engineering and 20% in music to 20/80%. From time to time he writes books like this one, on topics far more esoteric than those he dealt with in the engineering design, creation of high-tech software and operation of large electrical equipment testing laboratories.

Sergio has about 40 registered songs in his music production. You can find them on CDBaby, Spotify, Deezer and other digital music stores. There are songs in English, Spanish and Portuguese including on YouTube.

Maybe Sergio is one of the Avatars or cosmic engineers. We will never be sure but, why not ?

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**The Cosmic
Engineers
in the Country of
the
TransAmazon Highway**

Sérgio Feitoza Costa

1ª Edição

Câmara Brasileira de Jovens Escritores

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Sérgio Feitoza Costa

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October 2019

Rio de Janeiro - Brasil

In this book I show the lyrics of some songs of my own that are on the site

<http://www.cognitor.com.br/ProducaoMusicalSergioFeitoza.html>

There are others in my YouTube site

<https://www.youtube.com/user/SergioFeitoza/>

And these ones

<http://www.cognitor.com.br>

<https://store.cdbaby.com/Artist/SergioFeitoza>

<http://www.cognitor.com.br/QuatroCDsC.jpg>



1. THE CONTEXT OF OUR HISTORY

When I started writing this book, I imagined it could become a movie or a Broadway musical. The book would be about a spiritualist story telling ideas and thoughts that have passed me through this life on Earth. Most of the many books I've read have been about esoteric and historical topics. I like these themes.

Deep down, anyone who writes a book thinks they might write something good that will make a difference and improve the lives of the planet's inhabitants. But things didn't work out well and as I wrote it, my goal became much more modest: that most readers enjoy and read to the end. It is a good goal.

As the history of the book began to develop, the literary urges shifted until the goal became simply to complete the book without further pretensions. The simple difficulty of communicating ideas clearly to others shows us that we will not be able to change the world with the book. However, with luck, we can help a little in this direction. In the middle of the walk news were emerging and somehow, they were incorporated into the story.

I am a composer, musician and engineer. I am changing the time I devote to engineering and music from 80/20% to 20/80%. The ideas in these pages are a mixture of many concepts and things already read, and I imagine they represent my vision of how things happen in the small part of the universe that I can perceive. There is nothing right or wrong here. There is

only a simplistic view of something that I perceive to be so large that it is beyond my understanding as a human.

After 1 year writing the book, which started in 2017, I got about 70% of what I wanted to convey. I could not complete more than 40 pages using letter 12. I wanted to get at least about 60 pages to justify printing the book on paper. Most people today don't like to read much. They prefer quick news that fits in a WhatsApp or Facebook post. The life of these posts, with rare exceptions, lasts no more than 2-3 days when they are replaced by other news, posts, fake news, jokes and likes. I write for those who have the time and patience to read up to 80 pages.

I think movies and physical documents are the things that will stay for the future, in some home-made bookshelf, museum or ruins. Digital files are so large that even if they are not destroyed, few people will have time and interest to read them. Perhaps they will interest some historian experts describing the destruction of the earth. We can understand this remembering the non-digital photographs we were used to take in the past. They would come up with a pack of 36 paper photos that we kept for decades and we really looked because they were few. Today, within a few days of a tourist trip, we take thousands of photos, most of which will never be seen by anyone simply because they are too many. We want to keep everything even knowing that are so many that we won't see it anymore.

If life on earth has happened as I imagine it, perhaps one of the most striking aspects is how the evolution of beings from the mineral to the plant and animal kingdoms took place until

the beginning of human formation. I believe that the transition from the today's humans to the future "conscious humans" will take another 10,000 years. The process is in its childhood and about 100 lives would be needed. When we drive in the big cities of developing countries, we realize that we acquire technology to make good cars, but we do not gain the knowledge and education to drive them safely. I had a vision of this as I traveled from the capital of an African country to a hydroelectric power station 200 km from there to apply an engineering training.

It was a road under construction, still unpaved, but smooth. I saw dozens of cars lying on the side of the road destroyed by frontal crashes. Great cars drove around at high speeds. I think people there couldn't figure out what happens when two cars hit 120 km per hour. I honestly thought I wouldn't finish that trip. The driver was in a great car and liked to race. I mentally flipped on my protective cover, this was not my time and I am here to tell the story.

We are in a rapid transition here on Earth. In less than 50 years, when television did not even exist, people gained the possibility of registering their passage on the Planet, through the Internet and social networks. This is very good because it allows even those with limited resources to eternalize their ideas digitally. It is a gift and not a problem. There is even a new "career" of digital influencer. They earn much more than teachers, especially in countries with low levels of education. If we advance with a well-balanced way it will be very good.

On the Internet, aside from people who just have the creativity to write good morning - good morning, complain about

everything without acting to solve anything, the idlers and rogues on duty, who likes to flaunt the pretty body and the boring talk groups, much good and useful remains. There is plenty of knowledge that can both accelerate the planet's improvement or even can cause a cataclysm that would slow but not prevent our journey to evolution

The initial texts of this book were more serious than I intended and so I mixed them with everyday things that I see here. In this life I was born in Rio de Janeiro, which was in the past the capital of Brazil, until someone had the unfortunate idea of moving the capital to the distant city of Brasilia. In Rio de Janeiro, which, as the song by the famous Fernanda Abreu says, is a purgatory of beauty and chaos, we have good and bad news all the time. Normal things cannot be expected in the cultural capital of a country where the last two presidents and governors are imprisoned, everyone make laws and rules and no one obeys and they do a World Cup and an Olympic Games and left from these big events worse than they entered.

To use the opportunity and justify part of the book's title, along these days of 2019 we have seen a lot of conflicting international news about the Amazon Rainforest. This is good and healthy. Regardless of the truth of the news and the fact that it was triggered by government people's inability to do their job, where there is smoke there is fire.

In this case the subject affects all humans.

If so much bad thing happens right in front of us, being shown on television, and often who caused it still trying to be elected and gets a good vote in the next election imagine what happens in the forest far from our eyes and hidden by the trees.

A good thing is that satellite photos allow the whole world to see the consequences of what's happening there very clearly and objectively. It is reliable information. Just compare the areas involved year by year using modern Geographic Information Systems.

When the talk about deforestation I remember my past days as a student at the UFRJ (high level federal state university) School of Engineering. At that time, much was said about the TransAmazon Highway and the construction of Brasília, the new – unfortunately - capital of Brazil, which I will comment on later. A lot of money went into those projects and the contractors. It is not difficult to imagine that the tuition fees happened on a grand scale.

About the Transamazon Highway I did a quick search on the Internet where there are dozens of websites with information. I read them without checking the correctness of the texts. Among them were the sites knowledgeofcientifico.r7.com and magnusmundi.com.

I read that the highway (BR-230) was built between 1969 and 1972 to connect the Northern Region with the rest of Brazil. Initially it was a well-planned road that would connect the North and Northeast regions with Ecuador and Peru. It measures just over 4200 km and crosses the states of Paraíba, Ceará, Piauí, Maranhão, Tocantins, Pará and Amazonas.

A considerable part of it is not yet paved, becoming practically impassable during the rainy season. The following photo gives an idea of the impassable vision and there are dozens of recent filming of television shows.

From the terrible state of the highways of the most developed states of Brazil, you can imagine what happens on that Amazonian highway. The Brazilian logic of favoring highways over railways is as illogical as not taking advantage of Guanabara Bay to create decent shipping that would slow traffic by 50% on the dangerous Red Line and Yellow Lines in Rio de Janeiro.

I imagine there are many master's and doctoral theses that explain the reasons and consequences of this. The problem is that old politicians do not want to touch on this theme by obvious reasons.



The Transamazon Highway, which could have yielded very important results for the country, was an ambitious and unsuccessful economic resettlement development program in view of what was spent on it and the result not achieved.

According to the sites, the intention was to install half a million settlers in the Amazon rainforest along the highway. It reminds us of the Old West railroads of the United States that worked.

The settlers would live in rural villages built every 100 kilometers and each family would receive a 100-hectare farmland and a minimum wage for a while. In return, they would have to turn the forest into agricultural land. It turns out that environmental preservation was not considered, considering that the fertile soil layer is narrow. With a lack of nutrients, the soil was quickly depleted. On the other hand, without forest cover, erosion made the land useless. The lack of paving of the road made it impassable for half the year.

I imagine the idea of this highway has a lot to do with the deforestation issues we are talking about today. I wish I could read someday that well-meaning Brazilians, backed by developed countries who are truly committed to not letting the planet fall apart, have now considered solving two problems at the same time.

- The first problem, most felt by Brazilians, is the need to gradually reduce the size of the slums. Rio de Janeiro would be the “prototype of a unique experience aimed at providing honest and decent solutions for those who needed to live there.
- The second problem is of worldwide concern for the preservation of the Amazon. If we do not solve the second problem, the world will have problems impossible to overcome in less than two generations. The problem of today’s slums will be much simpler than what lies ahead.

The idea could be based on 5 objective and monitorable actions:

- a) Create a macro plan signed by Brazil, the UN and the G7 countries that establishes an objective commitment to accomplish the following 6 items. The basis of the idea is that the implementation of the idea be monitored internationally mainly via satellite photos.
- b) The main macro output of the program would be to achieve the degree of afforestation that existed in 2015.
- c) The “settlers” of the original idea of the Transamazon highway would be volunteers who live today in the favelas, initially in Rio de Janeiro. They would gain land for free, health insurance and education for their children. They would have rights and obligations to achieve some results with international monitoring. The results would depend only on themselves. If a minimum of results were not achieved, other candidates would occupy their positions. An important reforestation goal would be created for the space currently occupied by the favelas.
- d) Settlers would have for (only) 7 years a living allowance to be able to establish themselves on the land as smallholder farmers.
- e) Ninety per cent of the resources needed in the first 7 years would come from contributions from the G7 and UN countries.

A plan directed in these directions would create a worldwide commitment and would be a serious way of addressing the

problem with less influence from national and international personal political interests.

For those who like to try to solve problems, and not to adapt to them, it is worth reading the lyrics of the song "Save the Rio". Ideas are to be discussed and as Dr. George Z. would say, discussion brings light.

SAVE RIO (song and lyrics by Sergio Feitoza)

Last night I remembered Morengueira with his white hat Panama
With a swing told trickster stories, of a charming Rio that we had just before
The good rascal looks like a good guy and small talk was his fine working tool
If Moreira could see Rio today, would be sad cause charm went down.

I don't remember when we walked away, losing fame of being a Wonderful City
The violence is so bad at night, every day we see bullets in the air
Since bad guys only looking to Brasilia used Rio as a single springboard
We noticed that thieves using ties and good coats, use pens to steal a lot more

There are those who think there is no way. But instead I leave idea in the air
If we went to the moon sure we'll find, some way to recover our soul
Near Rio, we will build a new city, a tech example near nice view of shore
With cheap gas, we provide many jobs, and good schools, a place nice to live
Compensate and pay people from favelas an amount to incentive moving there
In the old space we replant the old forest, but now taking to not invade

RIO IS PERFECT LIKE THIS - Author: Sergio Feitoza

In that serene darkness, just before the dawn
I saw you sleeping and smiling, just at me.
It was the sign of a day, nicely embracing us
Coming so early and soft, just to have fun

At seven go to walk, and to think about things
And the small bird is kidding, with the clouds in the sky
I taste the Sugar Loaf, the city has everything
And the Christ blink eyes, seeing a girl going beach.

And then I realize, I'm sitting in front of the sea
Waves, surfboards, white candles burning in the sand
Then the mind is back here, and you are well close me
A sunny day in Rio is perfect, like this

CARLINDO 'S HOUSE (Author: Sergio Feitoza)

I was invited to my friend Carlindo's party
That was a great guy, at work he was good
From good people, I accept the invites
In the case of this friend, the honor was just mine

In the invitation, a dangerous address was shown
But Calando just said, don't forget the guitar
And I confess, was afraid going there
To get in and get out, would be a hard path

The good Carlindo right perceiving my dilemma
Came soon with a smile, to make my heart be calm
You can even, leave the car keys in place
I already asked people, they assure all will be safe

We got there, and entered a small bar
To take a hot drink which went fast to head
And in the house, were already our friends
Cold beer, singing family, was a happy and nice day

Till today I remember that event
Hope my friend now in heaven, still like funny songs

2. WHO IS THE STORYTELLER?

This is a story told by 3 different persons living in the same human body. The first one is a traditional engineer who has loved to deal with engineering for many lifetimes but now wants to focus less and less on it. When he was younger was motivated to solve many problems. The engineer had some good accomplishments and solved some minor problems, but today he understands that the big goals and solutions are not in engineering. When engineering and technology advance faster than love, and the ability to distribute benefits among all of the populations does not advance, life tends to stop and it is necessary to start all over again. Possibly this is happening on our Earth right now. Remember that story of Atlantis?

The second person is a dreamy guy who acts as a composer and musician and even sings a little. He is not of a well-defined age, and he hopes that his songs will be known all over the World and bring something good to people. This guy is still seeking to achieve achievements and dreams in this area.

He is devoting more and more of his time to music productions. He believes that something good in this direction will still happen, but he doesn't know what or how or when. Time, somehow, will show. Or not, as the Brazilian artist Caetano was used to say.

The third person is a 65-year-old man with white hair, but still big, who is getting a little boring and grouchy as he gets older. He firmly believes that life is renewed, that reincarnations exist and continue for "Eternity", however long it lasts. He believes

that living here brings learning, but this is not so pleasant to do for more than 70 to 80 years nowadays. Planet Earth was not made to live for more than 100 years in the way we do the things now.

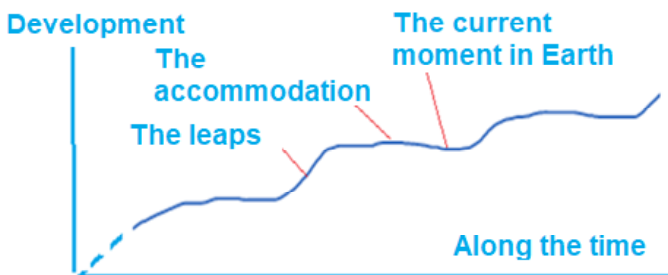
For this gentleman, which was born in Rio de Janeiro - Brazil, even living in a very pleasant environment and family, the density of air and thoughts has already shown its signs. In other words, life is getting less fun because of the difficulty of doing the long walking as before and seeing traffic signs well.

It is not possible to separate these three persons, neither in time nor in space. Therefore, in each narrative, there is a larger or smaller portion of each of the three ones. I believe the universe works like this. We are perfect antennas with all the freedom to choose the stations we will listen to.

Let us now change the course of this talk and enter the story to narrate. In a previous book called "Between Calculations, Music and Meditations" there is more information. If you are interested and just search for the title on the Internet.

3. THE MAIN IDEA AND CONCEPTS

There are currents of thought, which come from ancient times, according to which, humanity and the many other races, scattered throughout the universe, develop continuously toward spiritual, mental and emotional improvement. This development over time would be predictable, as in this figure.



The lines of thought closest to my beliefs consider that our souls are eternal, and, along the times, they change their physical bodies as time goes on and that body has already fulfilled its noble mission of hosting something far more complete and greater than the physical body.

Some of these lines of thought understand that, in reincarnations, we always move toward a higher level of consciousness. For example, a human would never reincarnate like a dog or a tree. There are, however, philosophies that admit this possibility under certain conditions. I particularly hope I will never have to walk backwards. It would be disappointing to repeat a year at the school of evolution.

Another aspect, which has a lot to do with something I will describe later, is that, in the midst of so many possibilities, a human could reincarnate on another planet later or earlier to fulfill his evolutionary journey. This would not be a setback, but an exchange of environment to shake up the willingness to evolve.

The concept I use in this book, remembering the previous figure, is that in every region or planet, at certain times, knowledge and spiritual growth, after a period of stagnation or even apparent decay, make positive leaps in quality. We always walk in a better direction although, in some transient moments, we swing back and forth.

To get a better view of the situation we must look far, in the logic of this book, from the point of view of a period of thousands of years. Not tens of years nor millions of years.

On this planet Earth of the year 2019 there are many other lines of thought, ideas and concepts to suit all tastes. Our human perceptions are still so limited that there is no point in rambling to show that one is better than the others. If we are in the same physical space and time frame, it is because we are on the same evolutionary level. So, you should never think you're much better or worse than anyone. If we are physically close, it is because we are evolutionarily close.

It is interesting to see that, much of the reference books on these lines of thought, are often linked to religions. Unfortunately, they begin with dogmas and statements from the point of view of whom are telling an absolute truth. As the master of the masters which they are quite far from. The

various lines, in essence, have the same fundamentals and that ultimately is the path towards universal love and in doing good things without looking to whom.

Most of these philosophies adopt the concept of an absolute God. However, there are some that are based on the concepts of something like a cosmic “chaos.” I do not believe so much in these “chaos” although in this life I was born in the city of Rio de Janeiro which, over 30 years ago, has become a good example of total chaos mixing incompetence, corruption, violence painted over a beautiful landscape. Rio is very interesting and a must to go for people which is not accommodated in the life. It is something in the middle of way between India and Singapore. Singapore is simply the best example I know of a good city of Earth. Everything based on a good climate and a very high level of investment in Education.

Chaos is only a matter of point of view. Whether you’re looking closely at a chaotic scene like anthill in full motion, or a hurricane passing near the windows of a home will have a certain kind of impression. However, looking far away at the set of ants, you will see a harmonious image of a living set made up of many, many particles, such as atoms. Likewise, such a hurricane seen from the lens of a spaceship in space represents a beautiful image regardless of the chaos it is causing on Earth beneath it. By the way today, in this month of 2019 year, there is a hurricane that they named Dorian and is arriving in Florida.

I imagine that the much more evolved intelligences and souls that take care of our planet must have something like a cosmic supercomputer in which, with their heavenly mice, zoom in or out to see what they want from time to time. It’s a very realistic

possibility because even we, barely evolved, can do something like this to see more or less details of our computer screens. Today satellite photos can be identified in much greater detail than we see on television, for example the Amazon rainforest, nuclear power plants and strategic locations.

In Rio de Janeiro, living in 2019, if I tried to locate myself in that figure, some pages ago, I would say that today we would be on Earth, in the phase of accommodation or decay and about to make a positive leap in quality.

The idea is that, for a while, after the positive leaps, things on the planet improve dramatically for everyone. However, after some time of the positive leap, people's pursuit of improvement and knowledge begins to settle until a new leap occurs.

For me these ideas make sense and I want to believe on them, even for lack of more comfortable options. I do not believe that Earth, as it exists today, will survive another 40 years. We passed the point where we could return.

Unless an absolutely extraordinary fact occurs, for example the arrival of avatars from a more evolved world, I believe there will be a great event that will take humanity back a few steps before moving again towards a fairer world, well balanced between technology and love.

Perhaps it will become true, after this, the possibility mentioned in esoteric texts, that Brazil, centered in Rio de Janeiro, will stand out as one of the main poles of the recovery of the path towards a more evolved Earth.

I think that, all we are seeing here right now, as regards the reaction of the population against widespread corruption, violence and social injustice, is just the beginning of a process of cleansing and leave for another planet, the souls that do not want to evolve and are hindering the evolution of others.

History shows that after a positive leap in quality, a first part of the most conscious people on the planet continue to look for spiritual growth and general well-being. In our little book we will call these ones” the good guys”.

These, after the leaps, continue to take ethical attitudes, set good examples, and maintain good thinking patterns. They are the ones who push the movement of evolution upwards and do not give up on the difficulties.

They are the minority of the population, but they try to see the difficult times as opportunities and not as a pretext for settling down and giving up the search for the best. The good news is that over time the percentage of this portion has been growing.

This is one of the indicators that on this beautiful blue planet we are moving towards evolution.

A second part is what we will call “indifferent.” They are the vast majority of populations at the times of accommodation shown in our figure. This portion of the inhabitants simply begins to be uninterested in maintaining spiritual growth. They are carried like flying feathers in the wind. They are more about complaining and criticizing than doing useful things.

If, on the one hand, they do not act badly, on the other hand, they do not help themselves and the planet to move in a better direction either. These are the people who, although they do not do the great evils, occasionally commit small bad things or even crimes trying to justify them in some way. They do not feel responsible for anything and always try to place the blame for adversity on someone. Surely you, the reader, know a lot of people who fit these characteristics. If you are now in a traffic jam you may see some overtaking using the road shoulder or trying to take some kind of advantage. They are usually easily corruptible people.

Here in Rio de Janeiro, and Brazil in general, this population is easy to identify. They are the ones who don't care about the things which are happening. They just complain about everything and are generally low productivity people with no opinion about almost anything. Because they are easily manipulated, they are easy prey for populist politicians who distribute crumbs to keep their votes in future elections.

Suffering what we suffer in Brazil and acting apathetically as we act is unbelievable. I heard a joke a long time ago that Brazil was a very rich, fantastic country and had only one problem ... its uneducated and disappointing people.

At that time, I was offended to hear this, but today, I understand and agree with the joke. The best indicators that a country is at the “developing” level and not even close to the developed level are the low level of education, the high taxes accepted by the population and the high level of corruption. In this we are always at the top of the world list.

We have here a “democracy of the powerful country owners.” These powerful have no ties to political ideologies. The only ideology is to remain in power at the expense of the ignorance of the people. Most politicians and leaders, in all the constituted powers of the country, are united so that nothing changes.

Its focus is only on how to cleverly finance its own political campaigns, to maintain clearly unfair benefits, to avoid drastically reducing the size of governments and their incompetent state-owned companies from which to draw resources from extortionate and misused taxes.

Gangs that dominate drug trafficking in the favelas possibly follow more codes of honor than the politicians we see in the scandal news on television. I am sure that links will increasingly be identified between politicians and drug trafficking. They want more money and no matter where it comes from. Those who steal money from education and health obviously don’t care about the consequences of drugs.

If you asked me if this has a solution, I would say it has. However, although I’m kind of Zen, I would never dare to say what solution I see. If it were possible to turn back time, I would propose to start all over again, from scratch, and preferably with a better initial settlement than we had. In the early days of Brazil, we had a colonization based on what was the latest in Europe, at those times.

There are people, like me, working to spread the idea of returning to Brazil’s capital to Rio de Janeiro. It may be that a drastic and apparently meaningless change motivates the

people of Rio de Janeiro and Brazil to return to their good times. I made a song called “Rio - Capital of Brazil” and I defend this idea with an open heart and sincerity.

This song is not a “carioca joke.” Returning the Capital of Brazil to Rio de Janeiro is a serious proposition. Brazil was more decent when the Capital was here. Today it is obvious the real reason for the capital to go to Brasilia. It was the first large-scale Brazilian naughtiness sponsored by the big contractors along with the corrupt part of the government.

Rio Capital of Brasil (song and lyrics by Sergio Feitoza)

Relax with a little samba, was made in the palm of hand
You can change all the world, but have to pretend
In the tambourine's sound, the world changes without haste
We saw that the theft is big, let's get this over now

Rio is still a must. The bad phase will just pass
I think its good idea, return the capital to us
We need to repair the error, we can't take it anymore
Leaving politicians far away, see how much is bad now

In countries that moved ahead, it took a long time
Used even a guillotine, in others had Harakiri
The light at the end of the tunnel is now just a silly joke
With so many tie thieves, better having them near us.

It is easy to imagine, seeing what has already been proven in justice courts in these last years, that the powerful people of that time, builders and politicians, realized that they would earn high incomes and bribes with the high resources of construction. In addition, the federal political class and the

top of the pyramid of the three constituted powers would be far from the direct pressures of the people.

Of the three powers, justice is still the most credible today. The other two lost the credibility of society. However, even the credibility of the Justice fades when we see, as it did in 2018, decide on increases of its own current high wages. Worst of all, they know that these wages will lead to increases in all other public sectors. It is unbelievable to demonstrate publicly that, first and foremost, they defend their unreachable privileges by private enterprise and the general population.

The move from the capital to Brasilia was most likely driven by this set of bad reasons and quite possibly had nothing to do with the concept of having a centralized location of a capital. We see that, with very rare exceptions, people who have been caring for the country since the 1500s do not care about the people. In addition, by analyzing data and facts, time has shown that that location has not generated anything useful. It only generated corruption and greater public spending, including the comings and goings of politicians to their homes in distant parts of the country.

Returning the capital here, in addition to creating the opportunity to drastically reduce the size of government, would be such an unusual initiative that it could bring positive motivation to the disappointed but ultimately enlightened Brazilian population about what real Brazil is. We need to create some peaceful and democratic situation that touches the depths of people's minds. Messing only with repeated themes that do not last even one day on social networks will not bring lasting reactions.

The change would be done without building new facilities and reducing the size of public authorities to less than half the size of existing public spaces, close to our eyes. Politicians, when they realize they are within the grasp of those they harm, think 3 times before they do atrocities. They know they can pay dearly for their mistakes. In countries like Sweden, Denmark and other Nordics governments are too small. These are the following examples. The example is not to imitate historical thieves who grew only on the sufferings of the dominated countries. If you want me to list it is quite easy, but this information is easy to search on the Internet.

The idea I imagine in this change is that almost all state-owned companies would be privatized. Their defenders do not have and never had any kind of ideology to uphold them. Anyone who thinks there's something good behind the idea is very poorly prepared.

Today, those who still have the hard face to defend state-owned companies, even after almost all of them have been contaminated by the voracity of political parties and public thieves who steal just for the sake of stealing, have obvious vested interests. They use the technique of defending nonsense by repeating phrases that they know will not be understood by people who have not had the opportunity to gain discernment and a sufficient level of education.

The change of capital back to Rio de Janeiro would be such an absurdly remarkable fact that it would give rise to bold solutions to other known issues such as fiscal, political and social security reforms and the growing slum ("favelas").

When you land in Rio de Janeiro by plane in 2019 what you see is a large slum surrounded by beautiful landscapes and some thriving islands where people are afraid to walk the streets due to violence. The general feeling is that we are controlled by tie and no tie outlaws.

A state that has two former governors in jail, the most incompetent mayor who has ever been here, and a city council that does not stop him for obvious reasons cannot complain about anything. The population could take harsh attitudes based on a large part of the population. However, those “indifferent” mentioned earlier in this book prevail here.

It is missing to appear someone who has beyond any recognized political preparation, honor and morale to conduct something in this direction. I have no idea who this is, but I think this person exists. If it doesn't exist, it is better that a 50-meter-high tsunami come crashing down and clearing the area to start all over again.

Besides the “good guys” and the “indifferent” there is a third part of the population that, after the good moments of a positive evolutionary leap, goes astray and goes for a while from the paths of spiritual growth. The people in this part take bad and violent actions, provoke fear and insecurity and are what we will call “the bad”.

Within this group of bad guys, we have the corrupts, crooks, the murderers, and others who form a real barrier for the planet's evolution to advance faster. They have the right to make their choices, but they are mostly against anyone who wants to progress and the planet as a whole.

It is within the rules of free will that they do not want to advance, but at least do not hinder anyone. My biggest wish is that these persons get out of here as soon as possible. It's not a matter of to take pity on a person. The point is that they find their own learning paths without disturbing others.

Never be angry with the bad guys. At some point you have been or will be one of them and then you will return to the path of goodness. We all, go through all the ways and this is the only possible way of learning. If you recognize that you were once a "bad" and have returned to the paths of good, congratulations for the learning, go ahead and try to remember to not hesitate again.

It is not necessary to explain who are "TheBads". They occupy several different roles and are in both the lower and upper tiers of society. There are politicians, businesspeople and many less privileged who show their bad qualities at the first opportunity when they come to some condition of greater power. This may be the biggest problem. If what is in the basis of the pyramid is as bad as the higher, the situation is difficult mainly because we have so many "indifferent".

In moments of anger, when seeing their evil deeds, I try to remember that, beyond them, there is a good portion of the population that has many good principles and decency. I learned this from my parents. Then the anger goes on.

Changing the matter, I have the impression that if I have to reincarnate on Earth and can choose the location, I would choose Santorini or Cusco / Machu Pichu or Phuket in Thailand. If I had to go to a modern city, it would be Singapore. But I have

a passion for Rio de Janeiro that only this picture of where we live can explain.



Imagine someone looking at this view and listening to a CD of boleros sung by Luiz Miguel or composed by Armando Manzanero. And then I remain staying here in this blue planet.

If I could say something, which I think I should have done and I didn't do, it was that I did not accept, when I was younger, one of the many invitations I received to work abroad. For me, I have nothing to complain about, but possibly my two sons would have had many better opportunities than in this beautiful and rich country, but still so far from the developed ones.

It is undeniable that something is improving in Brazil. Some low-level big dogs are fortunately already being arrested. This shows that the country is making progress on justice issues. There are, however, laws that protect the most powerful and the richest and only work against the poorest who cannot afford

expensive lawyers. In addition, we realize that the predominant backward thinking spreads across the vast majority of society including the less favored classes.

How can you show the highest politicians on television across the country in explicit scenes of robbery, bargaining and corruption and these guys remain going on long after that? What a little people we are who accept this passively.

To make writing and understanding easier, we will use the term “bad” in this book to represent those who are far behind average and perform acts that are no longer acceptable in that society.

In this book, over time, the bad will evolve for the better like everyone else. They are lazier or slower to learn to improve. However, it is only a matter of time before they learn what is needed and improve as well.

In today’s Earth we see people like this in powerful positions as presidents of big nations. Clearly, unless something completely outside of terrestrial thought patterns occurs, the probabilities of humanity surviving are very low. I believe almost zero.

In the short term, a madman or just someone who likes to take a 5-ounce shot of whiskey could gain access to powerful weapons of mass destruction and set off the world. It would be something like the repeated murders and attacks on people, but on a much larger and uncontrollable scale. By the laws of statistics, it is highly likely that something very serious will happen in the next 10 to 20 years. Maybe less. It is neither prophecy nor divination. It is simply direct observation of what is happening.

I am convinced that we have reached a point similar to what is said about the destruction of Atlantis in the past. Perhaps even worse because destruction technologies are much more advanced now.

Atlantis Again (History repeats) *Author : Sergio Feitoza*

Pay attention every story, will be repeating until

At a certain fine day, we realize what is there

It's the hard way, that we use just to learn

Repeating the full mistakes, until doing right well

A thing always happens since, ... very-very old times.

It is a long craze of war, acting like animals

Time goes we change clothes ... from the thong to a tie

But we see that at this point ... very little is better now

Solo chorus

It has an old story ... saying that on our Earth

We were moving in the past ... towards a greater love

The Atlantis was well ... sharing well the tech and love

And the fruits of this mix have being shared by all

Solo chorus

Until some people wished ... having more power than all

They were few but the others, looked only at the floor

The balance and common-sense, went to the bad side

We are doing it again, pain is coming right now

4. EXPLAINING THE EVOLUTION OF THE “BADs”

History shows that after a positive leap, in the evolution process of a planet, comes a period of accommodation. Then the performance of the “bad guys” goes growing, step by step, making them unbearable to other parts of society. This happens until unusual facts arise that give rise to a new positive leap for a better level of quality.

It is said that, at this time of the positive leaps, the “bad guys” of that planet are forced by larger forces to leave the present planet and will be reborn or reincarnate on another, much less developed planet. In this other place, they, even with their present evils, will still be the nicest and best prepared.

Going to the other less developed planet is not perceived as a punishment or a step backwards, as they do not carry the memory of what happened before. This is one of the foundations of reincarnation concepts. For this reason, those on the less developed planet who are sent there, will be motivated to make their new home better. Everyone wants to get better.

In the new home, as they are at a level of knowledge that is more advanced than the others, they will be seen as the new avatars that will contribute to a better leap of the new planet. They go from the role of villains to the role of heroes having the opportunity to grow up spiritually and to feel useful.

This theory, in my view, is consistent and evolutionarily reasonable. Whether this is true or not is another matter.

Possibly me and you, readers, in this moment of our blue planet, will never know. But it makes sense and undoes the idea of a complete separation between “Goods” and “Bads”. All of us in certain moments occupy one role or the other. For me seems to be reasonable and within the concepts of justice.

Throughout our lives, we act on assumptions which we do not know if they are good or bad. We simply make some choices and move on. Each of us is said to have heaven and hell within us. Being good or bad is not an absolute attribute and depends on where and when you are placed.

On the occasion of a positive evolutionary leap, the process of transferring the “Bads” from their present planet to the less evolved planet would take about 50 years in our counting of Earth time. In this same period, would be arriving here, the, now Good guys, from another more developed planet. There they would be the ones who, in their parameters, need to work much harder to evolve. In other words, in the more developed planets they were the Bads and by this reason are coming here. It makes sense, but within that logic even those we call illuminated would still have much to achieve. It should be an infinite spiral. If there is a divine justice, this would be an endless spiral.

Followers of this stream of thought understand that, here on Earth, a new leap would have begun to take place in the second half of the 1980s. That was a time when events such as the fall of the Berlin Wall, the consolidation of breakthroughs took place. in music and the arts, among others.

By the way, in the case of music, few good ones were done after those times. The most played songs today are still the good ones of that time. Many of the musical currents we see

today, if one might call them as music, are almost entirely associated with the aspects of violence, vanity and sex. They are almost nothing associated with evolution and love. But as everything is relative, in developing countries many of them are in the top of the hit parades. Nothing is well defined nor perfect. I will not mention names, but it is easy to know which rhythms are these ones.

Here in Rio de Janeiro, after the 70s and 80s the time of good sambas and “bossa-nova” and various types of Brazilian Popular Music, composed and sung by people like Cartola, Chico Buarque, Tom Jobim, Vinicius de Moraes, and other big names, we do not have nowadays an identity. Quality music is rare in this year 2019. It exists in all areas of music but do not stand out in mass music released in the media.

In the context of our history, today on Earth’s evolutionary planes, we would be witnessing the arrival in the Planet of more advanced guys, from another planet, that would help us begin to make a positive leap, over the course of next 50 years. I have a feeling this is happening, and I will call these friends, hereafter in this book, as Avatars.

The “Bads” would already be starting to go out from the Earth. Very good for us. May they grow and evolve forever. But right now, better if it happens far from here. Here in Brazil the line is too big, but it started to move faster since last year.

An interesting point is that each of us always tends to fit in with the good or indifferent group, but often our thoughts are much closer to the bad guys. It is hard to know which group we are closest to. Trying to recognize this is a step toward growth. Which group are you closest to?

We must not forget that often one of the bad guys groups is far more useful to evolution and for our growth than the indifferent ones. As my great boss and master Dr. George Z. used to say, discussion brings light and indifference brings nothing.

It is, in this context that our history develops. For some it will be seen as fiction and for others it may be seen as real, which makes sense within the troubled times we live in today. If it is real or fiction only time will tell or, as Caetano would say, ... or not.

The most serious story, which is the foundation of this short book, runs parallel to some narratives of what is happening today in Brazil, and particularly in my dear city of Rio de Janeiro. Don't take the texts too seriously because, as I wrote before, Brazil is still far from being a serious country. It seems that you are now more willing than ever to move in this direction. In a few decades we will be much better than today. The fact is that the others will also advance. My perception is that for the last 40 years at least, our distance to the more developed has increased rather than narrowed. Let's try to change this.

There are thinkers and oracles who predict that Brazil will become one of the main pillars of a better and more evolved future planet Earth. Perhaps what we see badly here today is just the beginning of this process of change. As we cannot be sure of anything let's conduct our boat the best way we can do it.

5. ZION, THE COINCIDENCES AND THE COSMIC ENGINEERS

The young man leaves home to take the bus and go to work. After getting off the elevator, already on the street, he realized that he had forgotten his cell phone at home. He was a little late and was annoyed to have to go back up to the apartment and almost didn't do it. But something bothered and came back.

At this point he had an insight and remembered something he had learned about the synchronicity of events and that nothing happens by chance. In a lapse of time he remembered past moments, reflected that there was something more to this oblivion, and unhurriedly returned to pick up the phone before heading for his destination.

He was named Zion. Even without being fully aware of it, he was part of a special group of people. This group worked hard and with great joy for being able to be there on that planet at that time.

They had been chosen from among the most advanced of the previous year's class to practice and carry out a certain mission in this new life on the blue planet Earth. To be part of that group one had to be competent in certain fields of knowledge and have attributes such as being honorable and having good principles.

The members of this group met at night on the plane of dreams and astral projections, while on the physical plane their bodies

slept. They slept, but not much. In the midst of their dreams they projected themselves to other subtle planes of existence to work on and learn certain techniques.

From time to time one of them would remember glimpses of what had happened in class and activity. They associated these glimpses with dreams, daydreams, and events that had occurred throughout the day. They almost never fully realized that they were real events.

This was what was starting to bother Zion. Somehow, he was beginning to have frequent perceptions of his night activities. It was not yet clear to him what was going on. It was as if he sporadically saw different pieces of a puzzle that would eventually fall into place and make the scene clear. Some dreams were beginning to organize by showing that they had a sequence that he perceived but could not yet understand as a set.

For group members, if they consciously perceived their dream activities as real, it would be difficult to maintain a routine life on the physical plane. So, when they came to live one more life here, they went through a kind of treatment to temporarily forget everything they had ever walked and learned. And it was not little.

These guys, who are the focus of this book, were known as “The Cosmic Engineers.”

Zion was one of them and around his experiences will develop much of our history.

The Cosmic Engineers had the role of planning and organizing series of events that would make some people interact with others in situations where each would experience something that would help in their process of spiritual evolution.

There were situations as diverse as forgetting your cell phone at home or when you organize a trip to a distant place where you want to sell a piece of land, something provokes a delay , and when you get there you find, at the exact moment, someone looking for a piece of land to buy right there. We usually say it was a coincidence, but it is not.

Their jobs were managed by a very experienced boss in that role. All of them, by the time they got there, had gained experience in planning activities for large enterprises, major international events, and others where, in addition to knowing what to do, one must be committed to doing what was committed.

There were even some in the group who, in previous lives, had helped plan wars, mass killings, and resource theft of entire nations, and were there, under the cosmic vision, to do something to make up for past mistakes. They already knew, like few, that every person will learn, for better or worse, and sooner or later will improve. That is why almost everyone in that group was used to do their jobs with pleasure.

The task of these high-level planners was to focus directly on making individual souls to evolve. This way, the universe as a whole would get a little better every day. Their tasks were not easy for many of them, but they knew it was their role and privilege to be part of that group to do them.

The “Cosmic Engineers”, after establishing a strategy of action to achieve the goals set by their boss, created the so-called “coincidences” that happen in our daily lives.

Certain coincidences make us to take decisions that change our entire life trajectory in unexpected directions and with surprising results. Zion, at a glance, figured that forgetting his cell phone might have something to do with this.

When we reach the stage of realizing how such an event happened, life is much more enjoyable. There are few people who have this perception, and many end up attributing certain events to luck or chance or to random causes.

This is what our Zion glimpsed, for the first time clearly, as he returned to pick up the cell phone he had forgotten. He felt that this delay would cause him to come through a specific situation moments ahead.

He did not know whether such a situation would be pleasant or unpleasant, but his intuition told him to return to his home. He had understood a foundation of the Cosmic Engineers’ performance, though he was not yet aware that he was one of them.

If he had the most developed psychic vision, as he later came to have, he would have seen that an almost transparent person had briefly made his cell phone invisible, and for that reason forgot it on his desk as he left the house.

I remember that when I was more actively involved in the work of a well-known order of esoteric teachings, there was a technique that showed how to do this. Nothing complicated. Something simple to do with dedication and frequent training

taken seriously. A certain Avatar who spent time on the physical plane of our Earth often said that if he could do things considered miracles, we learners could do even better if we believed that this was possible, the size of a mustard seed.

About that time, I did some ping-pong ball drifting exercises floating in a basin of water, with the thought. I think I was able to do this once when I was spending a few days there in Machu-Pichu and Cuzco in Peru. These are rare and unmissable places to visit. If you like to study esoteric things, it is worth going there because you will find many people like you. The place is beautiful, very safe and not expensive.

Returning to the subject, the example of the young man who forgot the phone shows what the disciplined Cosmic Engineers needed to do in their daily lives. The guy had a habit of leaving home every day for work at a certain time. He had to arrive at 8 am in the office. To be able to do this he would leave at 7:30 pm and take a bus that would pass by 7:40 pm and drop him off at work at 7:55 pm.

He lived in a developed country where public transport is taken seriously and runs on time. In this way people can plan day to day activities and arrive at the right times. There is a lot of investment in education in those countries and so there is little corruption, justice works for the rich and for the poor and so on. The low level of education is the open door to corruption and the deficient public services usual in developing and underdeveloped countries.

Educated people can distinguish the naughty and the corrupt by the look and hearing of them a few words. So, they don't vote for them and the country gets better. That simple. The key

word is “Education”. When you want to stay in power to do the wrong thing, you just don’t invest in education. This is what happens in countries like Brazil and other “developing” ones.

That day, when he was already on the street to take the bus, the boy realized that he had forgotten his cell phone at home and would need it at work. So, he came running home to pick it up. This short delay of minutes caused him to miss the bus of the right time. In general, we do not realize these changes of course caused by simple facts. Those who are aware of these little things can often use them to their advantage.

The boy noticed that he missed the bus of the right time on the digital sign showing the time and minute of the next bus on each line. He then went to look at the paper affixed to the bus stop showing the schedules of all buses on each day of the week.



The fact is that he took the next bus and there was a single empty seat next to a girl he had met two years ago but had moved to another city. They noticed the coincidences and caught up on the conversation. They were adjusting their time to take the bus to be more likely to meet and soon after, started

dating. Several of you who are reading may have been through similar situations.

The facts were happening and sometime later they got married and lived a very happy life together. It is a very common story and from time to time we find narratives of unexpected coincidences that triggered striking facts. What is rarely noticed is that, as in this case, what happened was triggered by the forgetfulness that caused the young man bus to miss the bus of the right time. And then they met.

One would think that, in order to create coincidences, one had to organize the facts with the precision of a few minutes. We must, however, consider that the questions of time and space are not so simple and are largely beyond our knowledge.

An example is that if you spend 60 minutes, measured in time on Earth's clocks, in a traffic jam, even if it's not in a dangerous place, it gives you a much longer perception than spending 60 minutes watching a beautiful movie on the movies theater.

One day we will be able to demonstrate that this is not just an impression. It is real because the feeling of time is not limited to the seconds marked precisely on a good Swiss watch. Our friend Einstein and many other physicists have written books that talk about these concepts. Quantum physics taught in today's universities already shows concepts that were not even mentioned when I studied classical physics 40 years ago.

Understanding of facts and knowledge is increasing, but about 70 percent of Earth's population in 2019 is still easy prey for deceivers, religious or otherwise, who take advantage of the low level of education to deceive the great mass for the own benefit.

The concepts of “time-space” would be easier to understand if we left the Earth on a rocket at very high speeds and traveled about “50 years” around the universe, as seen in many films. But if we can’t even believe that millions of people starve to death these days, how can we believe that? I read a book called “Space Time and Beyond” written by Bob Toben and Fred Alan Wolf that was very interesting and didactic in showing these concepts.

Well, our cosmic engineer, who worked on the happy couple situation, was a person from the same class as Zion. He was the one who planned the events so that the couple could meet again and made the mobile phone momentarily invisible when the boy left. As I mentioned, this type of technique is not difficult to perform with some training.

In fact, what happens most of the time is not becoming invisible but doing something to divert the focus from those who don’t want to see us. But real invisibility is also possible.

Professional magicians use attention-diverting techniques with great skill. There are magicians who go far beyond, because they have a more open view and skills, as had many witches and wizards. The fact is that everything was calculated right in space and time and things happened objectively at the right time.

All members of the Cosmic Engineers group were very well prepared to do this. Their missions were carefully passed by their boss. He advised them on the ultimate goal to achieve, why that situation, and the strategy to follow to achieve that goal.

The boss would give a list of the people who would be involved in the work and a historic description of the reasons why that person would now go through this situation. By participating in that episode, one would learn something that one needed to learn and one's soul could evolve a little further.

For example, if a person had a history of great fear of entering the sea or a pool, coincidences would possibly lead to situations in which they would have the opportunity to deal with the situation that gave rise to fear. There are people who, after facing the situation, end forever that kind of fear. Others prefer to settle, postpone the solution and not confront it at that time. Free will always prevails.

Since the Cosmic Engineers dealt with soul matters and these things only are resolved in the long term, sometimes in many lives, circumstantial situations such as an unexpected violent death in a car crash or a stray bullet were secondary things. Engineers had learned that each passage, over a lifetime in a physical body, has a limited duration. They understood that the soul is eternal, always evolving and never receding.

At their school they had gone through classes on cosmic rules of cause and effect. They understand that actions such as intentionally stepping on an insect passing in the street, just because it is toward your foot, will have future consequences because it was intended to kill. And as it was intended, the person who triggered the action will, in the future, have to deal with this situation again to learn how to do the right thing, possibly in the position of victim.

If you think calmly about the difference between intending to kill or to making suffering a person or another living being, for

example a fish, you will find that the difference is minimal. The intention is what matters. When I was young, I was very fond of fishing and we ate the fish we fished. I really understand a fisherman fishing to sell or eat the fish, but I don't quite understand that business of fishing the fish and then returning it to the water. You are having fun with the suffering of others.

FISH TALK(authors: Sergio Feitoza and Mauro Simoes)

Woke up early in the morning ... Some fish today I will catch
I went to that stone, hook, baits and fishing net
I tiptoed and happy, more than a hundred I saw
Fishes today I would get, I wouldn't have to lie

I almost scared to death, when that fish called me
Looking me from sideways, said well in a clear voice
if you are fishing and hungry, I can even understand
Life is too hard nowadays, lack of money to eat

But if you came for fun, see in my vision of hunt
Imagine a bad guy, shooting you in vain and you die
The fish catches and pays, it's an official torture
Instead of fishing, go now, take care of your yard

While the fish was talking, I saw that he was right
Who has fun with the pain, worth less than a dime
Then I threw away that reed, went to the beach to dive
And to close this story, I saw mermaids in the sea

A fish swimming is like to pray for the sea (Chorus)
I prefer a sea of cove with nice people within (Chorus)

On his first day at work, Zion arrived at the quiet office and was greeted with a smile by his boss. The boss knew that things should happen step by step and reserved a relatively simple initial task for him. The task was to create situations and a script to make a boy who was very fond of music, talented and

living in a small country town to become, after a few years, a famous artist.

Zion's boss knew that, in the future, this boy would come to a prominent position where he would need to speak and perform very well. He had not yet learned how to deal with large audiences in an uneasy manner. His main goal of this life on Earth, set before birth by his spiritual advisors, would be to convey certain messages to very big audiences which would help many people to live and walk in the good directions of evolution more easily.

The boy had no memory of what had happened before he was born including about this life goals. He just wanted so much to become a known musician. He was unaware that his eagerness to be a famous musician was only a circumstance for learning how to bring more important messages to many people. The fame he would achieve with music was just the instrument of something much broader.

For Zion, even though it was his first performance, it was not difficult to create a situation to advance the boy's life project. He organized meetings and mismatches in such a way that the boy met, one day on a plane, sitting next to him, a very famous musician and artist. The plane swayed a lot and the dangerous situation made the two to approach, talk and tell each other a little about their lives and dreams. Going through high-risk situations almost always brings people together because, at least momentarily, harmful feelings like vanity, anger, jealousy, and others pass into the background. There are also people who go in the opposite direction and let panic and despair take over. But they are in much lower number.

In this conversation on the plane the famous artist sympathized with the young musician, saw that could help him to become an artist and this indeed happened. The conditions were all there. One day, on the stage of a theater, when they were doing a concert together, they commented on how many coincidences happened to get them together at that time. In a way they realized that there was something that went beyond mere coincidence.

In this show, the new famous musician had an insight and the realization that just as he could sing beautiful songs with ease, he could also work so that these songs and occasions could convey to people the ideas he had about how to more easily reach the people's life goals. Years later he became better known for being an exceptional opinion maker than for his good musician and singer skills. This was in the planning made by Zion from the beginning.

As time went on, the complexity of the tasks received by Zion, from his boss, increased. From time to time he needed to create difficult situations to deal with, even for those who had already acquired training and long-term vision, to realize that they will generate benefits later on.

One morning he noticed his boss with a most closed-faced countenance, when he handed him a list of 150 people who would be part of his next task. The boss said that delicate planning should be done so that all those people should be on a plane that would collide with a mountain and fall in the near future. There would be no survivors, as happens in most major air accidents.

There were different backgrounds and reasons for those people being there. Even with the preparation he had already acquired, Zion felt his heart tighten and at first did not even know from where to start. He went to the large library where the Akashic Records were and studied past occurrences of air crashes.

He realized that in almost every situation described, at least a few people had been involved in the situations, not because they were in the right moment of dying, but because a perfect enough arrangement could not be made so that they were not there. That is, they would be part of the script simply because they were close to the scene. It is not always possible to avoid all side effects.

This seemed unfair to Zion and put some doubts about the ways of the great plan mentors. After many more experiments, Zion realized that if he would wait for the ideal situation without any side effects, the projects would not be ready. He got used to it, but it was a doubt that never completely left him. He even recalled some filming of large groups of animals that to protect themselves while traveling they go walking or swimming together. Those at the ends of the group are much more exposed to predators.

He imagined that one day he would find an explanation for the apparent failure. Deep down he knew that if those few people were there too, there would be a greater reason that simply escaped his knowledge and understanding. He would learn about this later.

Following the plan of that difficult project, he began to wonder what might have in common with those people who could make them be together on the same plane at a future time. He had

the intuition that if all of them were destined to participate in that event, they must have, in some previous life, collaborated, to a greater or lesser extent, in order for some event to end in a tragedy.

The Akasic Records could be consulted, more or less the way we do on the Internet, and after a few searches Zion found the clue of the common points he was looking for. Several of those people had worked on the project to build a very big ship that sank killing many people.

Some participated occasionally, without influencing the design and construction decisions or strategies of the project. Others, however, directly influenced the ship to be projected to an excessively large size. Something like that story of the wreck of the Poseidon ship.

For some, the reason was that they could carry more people and make bigger gains. For others, the reason was the vanity of being able to say that they had made the biggest ship of all time. The fact is that the ship sank and there was much suffering and death. Everyone who participated in the project kept something in their minds that often reminded them of the tragedy.

Zion collaborated so that in the following years several of the people began to live, more or less close, in a certain region. He noted that some people in this group did this spontaneously and felt that someone else was giving significant help in achieving the goal of his task.

For the first time he realized that, on a broader view, he was being one of the adjuncts on the list of another major work, being directed by some other Cosmic Engineer.

Things went such that in the days leading up to the crash, he only had to interfere so that about 10 percent of the rest of the group was on that plane. For these ones, situations were created case by case. The accident was very publicized all over the world.

A large, modern airplane approaching to make a stop in a city crashed into a mountain. In most major accidents, for one reason or another, you never know exactly what happened.

After this work, many others came, and a long time passed. Zion became experienced and became one of the teachers at the Cosmic Engineers school.

Increasingly, he realized that he was part of some larger kind of work in progress. In this one, however, he was the guy who had to learn something and not the event planner.

He began to have the impression of being in a kind of upward spiral where, at the top, there would be some level planners far more complete than his own. He agreed that this was beyond his comprehension and stopped thinking about it.

He also noted that in many of his works, certain people were much more difficult to lead in a certain direction, by the use of coincidences.

These were people who used to think and plan ahead of time what they wanted to happen later on, in their future. For this reason, they had reasonable control over the things that would happen in their life.

Frequent use of planning and a high degree of intuition are two sides of the same coin. When a person regularly makes

planning and mentoring for something to happen, they gradually will be able to predict what will happen a little later. This is not a gift but, instead, pure training.

Over the years came the inevitable feeling that tasks became routine and Zion was losing motivation for his tasks. His boss, whose name was Kalimerion, saw that the time had come to get him to perform the main task that had been planned for his passage on this planet.

It seems that all of us, when we have the opportunity to come here reincarnating on the Planet, have a main mission to accomplish and some other secondary goals. The boss decided to give him just one new task before the next major challenge.

THE FAIRY TASK

Kalimerion handed Zion a list of 3 names of people from a family living on the Blue Planet, our Earth. The goal was for Zion, for a period of 12 months, to “protect” the people of such a family so that whatever actions they took were due to their own initiatives and thoughts rather than some kind of extra physical influence.

For many years, people in that family were receiving external influences that did not allow them to advance, especially from a spiritual point of view. They were suffering low-level harassment that only resulted in a bad life and a lot of unpleasant facts.

Almost all of us are subject to these types of spiritual harassment in our daily lives. Even people who already have a reasonable level of self-control and self-protection, sometimes,

with just a few minutes of carelessness, start doing things they would never do if they were in normal control of their thoughts. There are people who are more susceptible and others less to these unwanted thoughts. In that family the three people had different characteristics.

One was a man of the type who has no opinion of his own and was easily influenced by the opinions of others. He changed his mind at all times and was an easy prey for negative external energies. Although this was not the case as he did not drink alcohol, this feature is very common in alcoholics and drug users.

I once read in a spiritism book that these people serve as living mugs of energy for extra physical entities still closely linked to the addictions they had previously acquired on the physical plane. Sometimes they think they are being protected by such energies, but this false protection is just a resource used by such low-level entities to keep them alive and usable as a source of energy that they will suck to the end.

These entities act like the vampires of fiction stories. The term fiction is relative. Everything that can be imagined by anyone actually exists on some plane of their consciousness. So, don't be surprised if you like dragons, fairy and wizards' movies very much. Somehow, they live on the subtle planes of existence.

The second person of that family had as its main characteristic being afraid of facing difficult situations. It was very influenced and was harmed by the proximity of the first person we described. They were, however, long together and created that kind of relationship that exists between parasitic plants that live in the trunk of a larger plant. In a way one is bad for the

other, but they have become accustomed to living like this and are afraid to do something different that will change that situation.

The third person was much younger, almost a child, and had very different characteristics from the first two. It was easy to see that this person had a good chance of having a bright future ahead. She had rare intelligence and shrewdness difficult to find in people at her age. Only the future would tell what she would become. This would depend on her own will, the people she had around, and, as she realized many years later, a little help from Zion.

The influence that this child received on a day-to-day basis, from the other two people in his family, could be both a difficulty if she imitated their characteristics, or it could be a good driving factor, if she realized that, what she was used to see at home, was exactly the opposite way to what she should go.

The twelve months Zion was supposed to take care of the family were spent and he was able to create a kind of protective cover around them. This was positive for all three people and brought them benefits.

The first easily influenced person was at first lost and confused because, as he was no longer receiving good or bad external influences, he was doing almost nothing useful. However, he stopped doing things that were harmful to others.

After a while he began to put some simple ideas into practice and began to feel useful and to spend most of his time with his work. Since he had his busiest time with useful things, he stopped making the lives of other family members a hell.

The other two people noticed the change and began to see him more positively. The second person was getting rid of his fear of the first and the insecurity it caused. She started to show a good talent for business administration and started to do well in new activities.

The third person, the child, began to do even better in school as the home environment began to improve. Her creativity began to develop a lot. She began to have repeated inspirations and initiatives to easily write short stories and poetry.

Something special happened to her. She had frequent dreams, and when she woke up, she could remember parts of several of these dreams. The memories were becoming each time clearer and she could remember enough to write about the dreams. One fine day she had a dream with the story of Walt Disney's Peter Pan. In the dream appeared a little fairy like the Tinkerbell that flew back and forth happily.

Two or three days later she dreamed of the fairy again, and this time she was on a beautiful green field full of flowers. It was as if she were the little fairy and for the first time felt the sensation of flying out of her physical body.

In her perception she was, a little child and a little fairy. She noticed that this was real. It was an indescribable feeling. To go from place to place she didn't have to flap the wings. She just had to think about where she wanted to go and almost instantly get there.

This kind of sensation or perception, in order to achieve it, needs a lot of training in projectiology techniques. But for her it happened easily. It happened frequently and she could

percept that what was happening was not just a dream but an attribute she could develop more and more.

It was real and she, whenever she slept, lived a parallel life where she was the little fairy. So-called astral projections occur to many people, perhaps all, and the difference is that most of us can't remember waking up to the day to day physical plane.

She remembered and started writing about it, producing beautiful fairytales. She became a famous writer and gradually realized that through her books she was fulfilling the larger goal that had been planned for her existence, this time.

Many years later the young woman realized that her life goal was to produce these tales so that people could better understand their great potential of doing extraordinary things. Doing so would help the planet improve. She also learned the main tasks of fairies, such as realizing and fulfilling the desires of people who want, can and deserve something.

Each day she enjoyed more those movies of witches, fairies, Harry Potter and magic dragons. At some level of our consciousness we know that these fantastic beings exist.

Zion followed that child's development and understood that it was his job to help unfold the potential of that little fairy. And so, he did this for many years, among others of its tasks. I don't know what happened in the future of the fairy, but life here on earth is not always a fairytale.

6. A FEW BEFORE THE ARRIVAL OF THE AVATARS AND THE LEAP

There came a time when Zion began to feel the absence of news and a certain lack of motivation. In things of his own interest, he began, instead of planning and thinking what he wanted to happen, to let things happen on his own, in a less controlled way.

It is common for people who have realized that they can reasonably plan their next steps, mentoring them, and do so regularly and successfully, after some time wanting to experience the feeling of letting things happen “at random.”

If you start to realize that you can plan everything that is likely to happen, life, as we see it, loses some of its fun because there are no more difficult goals to achieve. It is common in many people that facing the challenge is even more important than succeeding in achieving the results.

By letting things go freely, Zion could confirm that he was thus more subject to unwanted external influences that divert us from a faster path to growth. He also realized, with some surprise, that some outside influences, which he thought were not good at times, gave interesting and promising ideas.

Usually when he read the next day about things written under the influence of these dubious energies, he did not like it because it was written so directly that it was a little rough for his taste. But the essence was not bad, and besides, he realized

that the ideas were not false. He noticed that on those lines he had written there was something that was not genuinely his and that bothered him. Some of these writings he deleted the next day when he read them upon waking.

Of many others, he kept the central ideas to work later, in a balanced way, away from such influences. Deep in his heart he knew that one day in the future he would understand these ideas better. Zion understood that everyone is moving towards something better and will get there by different paths.

After a while, he learned to extract from those moments and texts the best that was presented. He has learned to filter out the things he hears in everyday life and has seen how this requires permanent discipline, but it is helpful.

Our Zion has always been interested in subjects that involved searching for inhabitants of other planets. He was sure that the fact that no trace of physical people had yet been found outside did not mean that there was no intelligent life there. Who seeks, finds, and he has found the answers for this.

In his mind, he understood that extraterrestrial beings, more evolved than us, would possibly have body structures working at much higher frequencies, which would make them invisible to our human eyes and our current instruments. Such beings would not feed on physical things.

Possibly their birth and death processes would be different and, for example in death, would gradually disappear as the frequency of performance increased further. Every time he thought about these subjects, he was tempted to leave the country where lived, so full of problems. However, something

told him that this would not be the solution. Running away from problems rather than helping to improve them is not good for the soul.

He was also convinced that there is no point in hurrying to evolve. Everything needs some time to mature. It would not be in the space of just one life that he would make a great leap in quality. This perception made him, from then on, to be more patient with himself and with the people with whom he interacted on a daily basis. It's amazing how we frequently talk things with useless rudeness, which we regret shortly after. I remember at least 3 times I did this and regretted it later. We must be careful when talking to people.

If you have to fight or get angry with someone, do it honestly, without anger and on the assumption that 'this will pass'. Speaking improper words that create enemies is one of the worst and improper things a human can do. Do not do so because you will regret, and it will take time to be able to reverse your bad act.

7. THE ARRIVAL OF THE AVATARS AND THE CASE OF THE THREE PLANETS

And then, on a beautiful day, Zion had a remarkable insight. Perceptions came that guided his steps, thoughts, and actions through the rest of that existence. He received an intense and unmistakable transmission of thought that said that this planet and everyone else happens and evolves more or less as we described at the very beginning of our history.

In something like a dream but a true astral projection, he saw, as if watching a movie in the cinema, an event that occurred thousands of years ago involving three different planets. One of the planets was Earth, but at a much earlier time. For some reason Zion associated that moment with the story he had read about the destruction of Atlantis.

There happened a process in which, during a period of about 10 years, the most violent souls that hindered the evolution of the planet were led, by the higher instances that coordinate the universe, to a second planet that lived in a much later stage of evolution.

On that second, less developed planet, these newcomers from Earth, although they were from the “Bad Guys” group here on Earth, were seen as good and welcome because they were more evolved than those there. When newcomers found themselves in this new situation, they were motivated to take better actions to help their new home to evolve, at least to the

level where they lived on Earth, where they had much more favorable conditions, but did not value them.

In short, on the second planet, they became the best benchmarks, and this made them feel useful and motivated them to evolve as better persons. This makes sense and brings to mind the concept that sooner or later everyone will reach higher levels of evolution. Later we will talk about the third planet.

When Zion awoke from the dream, he realized that the Earth, though with many good and productive people, but living in the midst of violent events, was very close to the moment of a new positive leap.

Then, in a short time, which must have lasted less than a minute, he received the understanding that he was part of a group of beings that should help create conditions for the departure of the “Bad Guys” from here to the planet. late. In addition, they should prepare conditions for the arrival of new avatars on Earth where they would propel a positive leap toward development. These Avatars would come from a third planet in a much more advanced stage of spiritual development than Earth.

The next night he had a new dream, which was so real that, he realized it was an astral projection. In the dream, he was sitting with several other people around a gentleman who, in a calm and paused voice, explained to them his new task. That gentleman, dressed in a bright and shiny clothes, first showed a movie in which the Earth appeared, seen from afar distance, with some bright points of light, through which light lines that connected it to another planet more or less nearby.

The lines of light as they approached the planets were subdivided into smaller lines that went to points of strong concentration of spiritual energy. The lord in the bright garment called those points as chakras and explained that each of those sitting there had a task to accomplish. Using energy projections and mentalizations, they should help make those chakras much stronger and more energized than they are today.

These points would soon function as energy sources that would facilitate the arrival of new avatars to Earth from the most advanced planet, as well as assisting in the escape of the “Bad Guys” from Earth, that would go to the less developed planet.

And that gentleman, who was one of the Avatars, spoke clearly to leave no doubt. We are coming now, and it is time to work together for this beautiful blue planet to advance by making a positive leap in the path of evolution. These avatars would come from the far more evolved third planet than the first two we mentioned. Besides facilitating the arrival of avatars, that energy would be used to perform other tasks in the early stages of transformation and leap.

He explained how Zion and the others would need to act. They should each day be in the place of one of the chakras next to them for about an hour to mentally project energies over that point causing the energy content to grow. This is simple to say, but not so simple to do regularly. Nowadays all of people’s little free time is often spent on social networks on things that don’t require much of the mind.

So, imagine yourself going to a place every day to do something that you’re not sure is actually working and that you can’t even see clearly. It requires having a big faith that it is really happening. Our bright Avatar, who was in fact an advisor to

Zion and several others in that group, knew that developing faith at a high level would be the greatest benefit each of them would receive.

By helping to make the Earth leap, they would have the opportunity to make a quality personal leap. The strengthening of the so-called faith is something that can only be accomplished with great effort and through many, many repetitions of everyday experiences. When you truly believe that something will happen (to have faith) you realize that events seen as miracles are absolutely possible and achievable. It takes a lot of effort to achieve this.

There are numerous descriptions of miracles in old and recent books. Much of it is easy to understand when you look at it without the distorted lens of certain religious views. The vast majority of formal religions mention the existence of miracles, but as something done by superior beings and not as something that is achievable by us, ordinary beings.

This concept even existed at the beginning of some of these religions but was distorted in the revisions of the early books, possibly to give more power to the middlemen who preach about that religion. As you read in many books, the story is written by the dominators and so they like to look good on the photo.

Going back to the concept of faith, if you do daily mentoring to help you achieve your personal goals, in everyday things, after a few months or years you will find that it works very well, and things really happen as you did. As you see it working, you will start trying bigger goals and so on.

People who are successful in their activities often practice this regularly. In some cases, they do so consciously and in other cases unknowingly through some acquired habit. An exercise in faith training is shown at the end of this book.

The fact is that Zion understood and liked the message, believed it and began to practice, almost daily, energizing the energy point that was in his charge. The energy center was very close to his residence. From then on Zion began to realize, even better, how beautiful and pleasant this place was.

In fact, when he looked at that landscape, he knew that what we call God was there, whatever it was. It had no definite face, but it was clearly in front of him as he looked at the clouds, the stars, the colors, the birds, and others.

After a year of energizations, it was clear in his mind and heart that he was actually influencing the environment near that chakra and in the neighborhood, for the better. More birds came singing and landing on the spot and these birds were not as scared as before. People who frequented the place became more affable and polite and increasingly sought to stop a little thereto enjoy the good energy.

And so, time went on until one day a remarkable new fact happened for Zion. He was beginning to do his daily mentalization, and suddenly he began to realize that, in a certain place, a subtle clarity was forming. The light grew thicker and stronger until he got to the point where he could see the gentle figure of a gentleman, right in front of him.

This was something that long ago he had envisioned and wished very much for it to happen. Zion was asking a lot, in his thoughts, to have more direct contact with the beings he knew

that protected and guided him along that life. The first thought he had when he began to see the gentleman was that he had achieved a great goal of those who illuminate every part of the soul. He remembered a phrase he heard in a movie, “Because you have seen me, you believed. Happy are those who, without seeing, will believe.” The calm figure of that gentleman emanated peace and comfort and grew clearer until he addressed Zion.

SAINT OF HOME - Author: Sergio Feitoza

Saint of home does many miracles
But few people give value upon
Do right most times but no one praises
With just one stumble comes the sermon

What comes free, goes to end of line
Everybody wants, if they can't buy
This phrase is unfair, who follows is wrong
Only a few times, will be right say

And that's why I charge high my work
Took me long time, to learn do it well
Give me the value I know I deserve
Light me a candle, for being your saint

The light of a candle reveals your thanks
And I cheer free for your success

He did not speak directly, as we do on the physical plane, but Zion clearly heard his thought transmission in which he said, “Zion, my name is Kalioux and I am one of the many who are coming from a planet you heard about long ago, and that motivated your mentalizations. We are happy with your

commitment and dedication to strengthening this energy center. We need you to continue this work for a while until all my comrades have arrived here, and those who are to leave here for the less developed planet go moving towards their new challenge. For them, it will be a healthy way to advance their evolution, just as coming here, it will be good for all of us.

In addition to your task of energizing this chakra, we will need another kind of collaboration from you. Just as you used those good planning techniques to accomplish your Cosmic Engineer tasks, you will need to use that knowledge and experience to, at times when I will guide you, bring together groups of people who will listen to some lectures and conferences. that we will present together. In these lectures we will guide you and others on points and actions that will help to allow a positive new leap here on this blue planet. Earth is a place with potential for rapid advancement in this great universe, and the time has come for us to work hard to advance.

First, however, to create in the people who will attend the lectures, the motivation to attend the first ones, we will help you to write a short book. This book will become well known and many people will want to hear you talk about what is contained in it.

In this book the idea you will convey is to show the importance of each person having and renewing their 7 main life goals each year. In this information-packed world, it is difficult for even the most enlightened people to focus on what really helps us move forward in our personal growth. The Earth has improved, but in the last 3000 years it has not advanced as one might expect. There are planets that have been much more agile. We try to focus on the hardest ones, but since the Earth

has some special aspects, we are repeating efforts once again made before. Seize the opportunity by doing your part.

In the book you will describe simple techniques on how to achieve some specific good goals, each year, and how to keep them like a burning flame to see if they have been achieved at the end of the year. When you do this for years, at a time you can see how well it works. We will be training more and more people to have faith and to make the Earth better.

When writing about such goals, think about things as simple as:

- 1) Have physical, mental and emotional health,
- 2) Have health and harmony in the home and family
- 3) Have psychic growth and development of the inner senses
- 4) Increase your personal energy level
- 5) Being able to travel to places you would like to go.
- 6) Achieve good professional work and earn your money
- 7) See people you care about reaching their personal goals
- 8) Transmit useful information to help others to move forward.

The ultimate goal of the technique goes beyond achieving the results. The goal is often to create situations that lead to training in strengthening faith and increasing your degree of awareness. This is only achieved with daily exercises. Only

the repetition of experiments allows to see if they give results or not.

And so, it was done. Zion wrote the book, and everything happened as intended. He did his job and already felt like part of that effort to leap planet Earth. Zion had achieved something real and realized it in all his energy. During his lectures about the book contents, Zion was confirmed by his mentor that he was actually also one of the members of the group who had just arrived on planet Earth to help the new leap.

This group of beings with more advanced knowledge and spiritual level came from that third planet. Here on Earth, the newly arrived avatars were the ones, in the more advanced planet, who were not working there, as hard as they should, though they were far more advanced than our present stage on Earth.

So, if we were to use the same words from the beginning of this story, in the third planet, they would be the bad guys. In a way this helps to see how relative and flawed judging or classifying other people is. It is worth keeping this story of the 3 planets.

Zion was happy with the new insights because then, the whole story made sense. He perceived himself as one who was evolving and growing. However, he still could not understand how, sometimes, out of nowhere, he had low-level thoughts such as selfishness or lack of patience and intolerance towards other people. However, he knew he was there to learn how to handle this better, just as most newcomers from the other planet. Each with their strengths, weaknesses and tasks, but moving forward.

THE LEAP AND THE AVATARS (author: Sérgio Feitoza)

While the Bads come out, to live in the later land
The Avatars were arriving, bringing the hope and love
The good knowledge that others, taught with love and care
The rush and modern life, took out of minds and hearts
We learn slowly and lazy, in deep we know well
The walk is long and so hard but lights a day we will be

In each leap we grow, and something advance within us
Something good and healthy, stays up to accommodate
Step by step we move , and there is no reason to run
Time is not in a hurry, but know where wants to go
Step by step we grow, and that's just how we can do
When the old time desires, forward or backward it goes

O SALTO E OS AVATARES (autor: Sergio Feitoza)

*Enquanto os Maus iam embora, viver no planeta atrasado
Os Avateres chegavam, trazendo esperança e amor
As boas mensagens que antes, outros haviam deixado
A pressa e o moderno apagaram, das mentes e dos corações
Aprendemos devagarinho, no fundo nós sabemos bem
Que a caminhada demora, mas nós seremos de luz*

*Nos saltos a gente percebe, que algo melhor vem aí
Bom, sadio e sincero, que fica até acomodar
De passo em passo avançamos, e não adianta apressar
O tempo não tem muita pressa, mas sabe onde quer chegar
De passo em passo crescemos, e é só assim que se faz
Quando o tempo deseja, dobra para frente ou para trás.*

8. THE FIRST LECTURE OF AVATARS - THE BEGINNING OF THE LEAP

The talk of the first event of the Avatars caused a big impact. Just Kalioux, that gentleman, spoke, although other avatars were present. There were a lot of people watching the lecture. Kalioux did not say clearly that they were coming here from another planet to help Earth make a positive new leap on its path to evolution. They created a fictional situation as if the talk was about the release of a new movie about the future of the Earth. They did this in a subtle way that the most and least credulous in nonstandard things might or might not believe but not disregard.

In his talk, Kalioux calmly and convincingly summarized a “movie” that described an event that occurred on Earth thousands of years ago. The story was of the same scope of a well-known Atlantean legend, but it had some differences that quickly made most of the audience present, deep in their souls, to perceive that they were dealing with exactly the same situation that was occurring on Earth at the current moment.

In parts of the lecture, holographic projections were made about the event of an arrival of Avatars on another Planet, a long time ago. The audience imagined they were watching a super virtual reality trick. This had never been done before so clearly and on such a large scale. Anyone who has ever been to Orlando theme parks, including Disney World, knows that you can show things very realistically using virtual reality techniques. But in

the lecture, people realized it wasn't a simulation. It was undoubtedly real.

Kalioux began by describing the initial phase of the leap that occurred on that planet with the arrival of those avatars and the departure of the "bad guys". It developed the story and showed a projection of how the planet became after a few decades. The Planet, 100 years later, was already much better and different than before. Positive differences were visible.

Poverty and hunger had been almost completely eliminated, and what is now considered here on Earth to live in a well-situated middle-class family was the normal way of life for the vast majority of the inhabitants of that planet. There were some slightly more affluent and some a little less, but their differences from the overall average were slight. We see this in some European countries and especially in the Nordic countries. In these, the level of education is very high, and it is not possible to notice the explicit ostentation that we see mainly in the Americas. Both in rich North America and unequal South America. In this last one there are a few rich people and a large number of people living in very bad conditions.

On that planet, which has been getting better, almost everyone had a complete education, health was very good, and many advances in medical affairs emerged. There was an average life expectancy of 120 years. There has been a large migration of people between the different continents of the planet, but not for the inhuman reasons that are happening today on our Earth. The violence was practically over, and wars, attacks, drug-related struggles so frequent here, were no longer there.

The talk was very well received by the audience and the film was the biggest hit worldwide for several years. This was mainly due to the fact that the messages that were present there were what the vast majority of the inhabitants of the Planet had wished for. With the success of the film, the Avatar's lectures were increasingly requested and, in fact, many of the inhabitants slowly began to understand the process that was beginning to take place. It was not a fiction movie but a better reality that was coming.

After about 50 years people became better acquainted with the Avatars and realized that by Earth standards, they did not change their appearance in terms of aging. Throughout this period the Avatars were explaining what was really going on and most of the population understood and absorbed the news of the new times well.

At one point, the Avatars explained that the life expectancy they came from was much longer than on Earth. In addition, there were inhabitants in the Avatars planet who, after reaching a more advanced stage of maturity and consciousness, had the choice of no longer living on the physical plane and could move on to another more advanced planet on the extra-physical plane.

9. PREPARING THE AVATARS DEPART. THE FINAL LECTURES

Kalioux, the other avatars, and Zion realized that the initial moment of the leap had passed, and Earth and its inhabitants were entering the accommodation phase as in the picture at the beginning of the book. At this stage, while many continued to seek to improve their spiritual and knowledge level, many people started to accommodate in their new and better situation.

There were also those who, for one reason or another, started beginning to stray from the good principles and were making grow the group of the “Bads”. Life is a little dull if everyone works right and always in the same direction. There must always be differences, the good and the bad. Discussion brings light.

Those who were entering the “bads” group were already on a much better level than those we have today. However, compared to those seeking to stick to the principles of spiritual growth, they began to fall several steps behind. For this reason, they stood out in a negative way in relation to the others. Negative highlights always make it difficult for the groups to advance faster. At some point it is necessary to move them to another group.

The Avatars then set the dates for a major world event where they would deliver their final lectures before leaving Earth and resuming their activities on other planets. The event had a major impact and was remembered for many, many decades.

The lectures were presented in the form of gigantic holographic projections of a technology that does not yet exist on Earth. They used something like 4D theaters. The projections stirred all the senses and caused a kind of immediate absorption of knowledge in most people who watched.

It was as if they achieved Nirvana and the sensation, we call illumination, when a great deal of knowledge is gained within a fraction of time. It is rare to achieve this, and much sought after by advanced yogis. Sometimes it happens to some people almost involuntarily.

10. THE LECTURE ON THE EVOLUTION OF SPECIES

One of the closing lectures opened the eyes and minds of many present about “where we are going” and about the evolution of species. It started by showing a person this year 2019 from Earth, in a very beautiful location, and surrounded by a beautiful landscape on a sunny day and blue sky.

In that heavenly landscape one suddenly saw a large flock of birds flying in agitated and joyful circles. They were like swallows. A beautiful sight to see. However, at some point, the image became approaching and it was possible to see that in the midst of that happy flock of birds there was a cloud of small desperate insects flying.

Dragonflies were trying to escape from the hungry birds that saw them as good food to survive another day. It was the reality of a stage of evolution where, along the food chain, they feed on each other. These insects also fed on smaller ones in their daily lives. It was one wanting to eat the other.

In the sky, far above the bird scene, some seagulls flew calmly. These were not hunting anything. They were just living their seagull day and enjoying the beauties of a beautiful sunny day. Later they would fly near the sea to hunt their fish for food, but not at that moment. Some other smaller and even larger animal projections appeared, such as lions and other large carnivorous predators. Not a good thing to see. In the animal world life is not sweet and colorful like in the beautiful Walt Disney movies.

At the end of those scenes, the speaker explained about the pyramid of evolution and how the beings of the mineral, plant and animal kingdoms of Planet Earth have evolved until they reach today's humans stage. Here, the human being is the only one who has reached the point of acquiring sufficient intelligence to choose between feeding on other animals or non-carnivorous alternatives.

Everyone soon remembered the issues of vegetarians, vegans, and meat-eaters. People have been subtly absorbing the understanding that, one day, we will no longer be "physical" beings. Eating habits will evolve, but this will happen gradually. It is of no use forcing us to speed up the process specially if we are near the smell of a steak house or a seafood restaurant.

The speaker also came up with the idea of how quickly prehistoric man and woman evolved to become what we are just now. This has caused a positive expectation in those present that, in the right time, we will reach a better and far different position than we are today.

The Avatar speaker explained that more important than trying to accelerate changes in habits is to try to learn from events, gain more awareness of in which to evolve and walk without hurry to there. As the Lulu Santos song says, "And, like this, humanity walks in ant and unwilling steps."

The avatar asked those present to give some thought to the logical idea that above us, today's humans on the physical plane, there is obviously something more evolved, not on the physical plane anymore. In the midst of that context and the projections, this was barely noticed by most people. However, a good group, among those who were there, understood the

idea well and would keep thinking about it more and more intensely.

THE FLIGHT AND THE HANDRAIL (author: Sergio Feitoza)

When I was a rock and I wouldn't move
and time was moving, going so slow,
The only risk that I could feel,
it was the lightning trying catch me.

When was born as tree, used to swing
when the nice wind passed through my leaves,
I showed my fruits and flowers to birds,
I was enchanted with the garden green

Then I came in a beautiful animal,
And the movement grew, in strength and force,
Space and the time, fear and the hunger,
Already alternating, with traces of love

And the human being came with his ego,
Learning things like, in a roller board,
Getting close to, a safe handrail,
Risked a little, but didn't go down

What comes after, very little is known
But it is quite certain, that is better way,
If each path has always been wider,
Of course, I will be a day a great soul.

That night Zion was distracted looking at the stars in the sky when he had one more remarkable insight. He realized that those stars, and among them the Sun, the closest to us on Earth, were already very developed beings that reached a stage such that their primary function was to be serving from a distance as a source of energy and life for the smaller planets in

their area of action. These stars gladly gave their energy so that the planets could evolve in their neighborhood. It is easy to imagine that they may possibly have to talk to each other in some way beyond our limited understanding.

That intuition caused a great sense of peace to Zion. Finally, things were beginning to make sense. From that moment on he came to see the sky and the stars in a different way. A much more advanced stage of evolution was right there, just in front of him, and interacting with his thoughts.

He remembered a lecture he had attended years ago about the “black holes” and wondered what these energy-absorbing holes could be. He came to no conclusions but realized that one day he might come to understand during some other insight. These insights, which we all have, from time to time, are events in which, for some reason, we connect to sources of greater knowledge and instantly learn something that, before, seemed so hard to understand.

11. THE LECTURE ABOUT THE “BADS” WHO LEFT THE EARTH 100 YEARS AGO

The theme of the lecture would be about what had happened to the “bad guys” who had left Earth about 100 years ago to help out on the little evolved planet. What had happened positively here on Earth was relatively well understood by everyone and, almost no one remembered that, before, life was much worse due to the actions of that group of “bad”

It was shown how those who left here, helped the less developed planet to which they had gone. Kalioux showed that they felt very well and helpful in the new place doing their new tasks. Many scenes were presented of how this had been done.

Such a planet had a level of development more or less like what was on Earth in pre-Greek times around 2500 BC and before the formation of Rome around 735 BC. If in those films about the early years BC we can already have an idea of the atrocities that happened, imagine in the previous period. It was a lot heavier way of life for our current standards.

If we were to compare today, in those ancient times the standards of civility and understanding of laws and what is good or bad were much less evolved. The struggles for power and survival were bloodiest and the wars more frequent. The only difference is that populations and weapons power were proportionally smaller than on Earth today.

Still, here on Earth, it's easy to see that nowadays there are so many “crazy people” that if they could get access to atomic

bombs and things like that could, in the blink of an eye, start a nuclear war that would end most of our Planet population.

If presidents of big nations threaten themselves publicly without shame, imagine how many people like those who massacre children in schools or tear down large crowded buildings are out there just waiting for an opportunity. By the way, do not think about this too much or you will never want to leave your home again.

In my view, in our troubled and unequal world today, it is only a matter of time before one of them gets their hands-on weapons of mass destruction. By the laws of probability, I would say this could happen before the year 2050 here on Earth. All the motivating facts are unfortunately present here today.

Deep down we all realize this and know that only a striking fact such as an arrival of the Avatars could change the course of this. I, who have always been an optimist, think and wish for something of this nature to happen. I bet more on this idea of arrival of something like Avatars, shifting our course for better, than a new destruction and restarting. I don't believe or expect that the major world leaders will do anything to change the current state of things. In speech they may do, but in real life they will not. How can we imagine that someone who was elected with the financial help of guns manufacturers will avoid wars? It is to wait and see.

Returning to Kalioux's lecture, he described what the Bads exodus was like, at the time before the positive leap. For most of those who were driven to leave this planet and go to the less evolved one this was done by a natural process of dying here and reincarnating on the new planet. For some others, however, the process was somewhat unusual, as if they simply

disappeared from here and became invisible and reemerged on a kind of trail where many beings walked toward the less developed planet. These people, when they found themselves walking on those paths, had lost all previous memories.

Not long ago I saw a movie called, I think, “The Apocalypse” in which an event occurs on Earth and a portion of the “good guys” of the population simply disappears. In the case of the movie they were inside a plane. It was as if everyone were abducted to another plane of existence. In the lecture Kalioux passes a little of this image but with the difference that the abductees were the “bad guys” going to the less developed planet.

To explain how those who left here helped, on the less developed planet, our Avatar used three examples of people who were very characteristic of the “Bads” group. One was a well-known politician, the second a drug dealer, and the third one was an ordinary person, very well prepared to positively influence the people around him, but who was silent about taking positive actions. He was apathetic in doing useful things to others.

The politician, while living here, was famous for diverting and stealing, for many years, huge sums in the government of the country in which he worked. They were so large that they worsened health and education systems and contributed to killing millions of people through illness, violence and neglect. He had a good person image and thanks to this false image he made a lot of mistakes for decades. Does that remind you of anything?

If he were to account for the number of people who contributed to killing and bringing unhappiness, he might be well placed in the ranks of the greatest killers of mankind like Hitler and other dictators hiding in their lambskins.

Such a politician was reborn on the less developed planet in a family of powerful people. The circumstances made him born to be, again, a politician in the new place. He had a more advanced vision than the others of that time. He realized that it was necessary to create some rules of civility so that people like him would not be immediately killed when they discovered his cheating. That was how things were resolved in those times. There were no various legal instances and other tricks written by the bad legislators themselves to protect themselves. The rite was brief and at the tip of the knife. In developing countries like Brazil, we witness that the existence of several legal instances to appeal is something that work well only for rich people which can pay for expensive lawyers. The legal process takes so long that when the last instance is reached the crime has been prescribed or there is some other way out.

This is something that should always be remembered. Who writes the laws is not the Justice who is only responsible for interpreting them, often according to certain conveniences and interests. We see, for example in Brazil today, that most politicians respond to corruption processes and others like. It has been proven that many of them adopted practices that harmed the entire population. They struggle to become politicians just to be able to do this. We witness that the bad politician in Brazil, today, is the general rule and not the exception. I hope that the mentioned abduction will come soon and take them to the other less developed planet as far away from here as possible. The queue will be too long. It would be great if this happened no later than tomorrow. Life was going to get a lot better here.

Since they are the ones who write the laws, they do this in a confusing and detailed manner so that they can escape or at

least delay the possibility of being punished. This harms the whole country. The best Constitutions and Laws around the world are short and straightforward for everyone to understand. If they are not short and clear, even high judges can use confusing texts to release people who should not be released.

A good example is in the part of the laws governing bids for large purchases made by governments and public companies. In places where there is a lot of theft and corruption, it is common to create complicated law for bids. These are often complicated laws for the honest, but not for those who want to circumvent the laws. The only consequence of these laws is to make public companies uncompetitive because it takes longer to make simple purchases and is no use. We see this on television in hundreds of scandals.

The proof is that even being hampered by so many complicated laws of this kind, Brazil is today considered a country between the ones with the highest corruption rates in the world. Of course, there are many people who pass on the false idea and the false speech that these ones are advanced laws. On the contrary, these are dumb laws that are increasingly delaying the country and, in my opinion, exist precisely to make the process confusing and to protect the interests of the great corrupt and corporate interests of those who want to live by feeding on government udders. The problem is that who pays for all these losses is the whole society throughus, the taxpayers.

Inefficiency and corruption in public and state-owned companies in Brazil, in general, is paid and embedded in our taxes that are among the highest in the world. That simple. This is why privatization movements and smaller governments are useful and need to be supported and encouraged. Who

likes big government is not to benefit the populations. It is to be able to usurp and corrupt more easily.

Well, the fact is that our politician which went to the less developed country, helped to create rules and laws that were much better than those of that time. And they worked surprisingly well.

The second one was a very violent drug dealer who dominated a large region for a long time. Through his actions he harmed many people and caused the unhappiness of many families. Here on Earth he died of violent death and reincarnated on the less developed planet as a person who later became an honest but under-resourced family man.

He was a person who had three children and one of them, with whom he had more affinity, fell into the world of drinking alcohol and using drugs. This has led them through many, many difficult situations. The premature death of this son and the intense suffering that preceded the death created in him, a few years later, the motivation to help other families in the same situation. He built a candle factory in which he mainly employed young people as his son.

In addition to creating job opportunities, he sought to closely monitor the activities of these young people so that they were not in the same bad direction that followed his son. He did so for decades and was later recognized for his good initiative as an example to many others.

The third person was a more or less ordinary person on Earth, very well prepared to positively influence others, but who was silent about their attitudes to improve their environment. Was a person who was silent enough to consciously let bad, predictable things to happen, hurting others.

People may be omitted to varying degrees. Some typical are those “friends” who realize when we are doing something wrong or that it will not work, and, instead of fighting with us passively listen not to upset us. The most common type of omission is one that can perceive actions that harm people and, even having the ability to influence, do not position themselves or do something to help.

Many times, people who we imagine as our “enemies” help us very much by taking actions that seemingly are against us but force us to look and find a better course. We should not be angry at what we assume to be enemies or adversaries. Many of them are beings who have accepted to reincarnate hereto play the role of our opponents to help our growth, creating situations that they must face.

In the lyrics of the song “Behind Your Hair” I write about this theme. The original lyrics was written in Spanish because, when composing it, I remembered the dear Argentine singer and songwriter Mercedes Sosa. I love the Argentine people and their music. I had the opportunity to attend a Mercedes show in Montreal - Canada where I lived during some months many years ago.

Listening to her, singing songs authored by the Chilean Violeta Parra like “To go back to 17” and “Thanks to the Life” was exciting and brought good memories. At that time, 1978 - 1979 there were many political refugees from Brazil in Canada. They evaluated whether it was time to return to Brazil or not after the recent process of the political amnesty. Brazil lived between 1964 and 1985 a military dictatorship that ended the political class. In a certain way that process resulted in the poor political class we have today. Returning to my stay in Canada, I was

training, as engineer, at an advanced research and testing center for large electrical equipment. Most of those political refugees remained there where life gives much more job opportunities and quality. Wise people.

Canada is one of the best countries I know in the world, even with the cold of winter. Montreal and Quebec are particularly nice because join the main positive points of the American way of life with some charm of the French way of life.

Behind those Hairs (author: Sérgio Feitoza)

Someone making your way harder
Can also be helping you
It's the message I leave
In ashort and easysong,

We are humans just learning
We fear changing the way
We put roots so easy
even on bad land way

Our heart just suggests
In whispers easy to learn
That we change ourselves
So we may better become

If we avoid the actions
Something will push us to move
When we least expect
A conflict,we'll have to face

There will be a false enemy
Forcing you to go ahead
And with some pain
We will change our way
For this never keep angry
One upsetting your peace
Can behind those hairs
Be your angel helping you.

12. THE LECTURE ON BIRTHS AND DEATHS ON EARTH

Another much-anticipated talk reinforced a certain feeling many people had about how births occur on Earth. The talk began with an image in which a young woman entered the hospital and soon after was in the birth room giving birth to a beautiful baby. It caught everyone's attention as the image approached the baby's face. One could see a look of who, even without speaking, has a clear perception of what is happening. A few minutes after birth that conscious look has become the usual look of a waking person from a deep sleep after spending many months in the mother's belly.

Shortly after this scene, the image went backwards in time, showing some scenes of a normal and smooth pregnancy. The image came back a few moments early in the pregnancy when the future mother, a gentleman and a lady holding a very beautiful girl of about 5 years old, was arriving at the house of the future mother. The three were almost invisible and were having a lively conversation about the last details before the girl's spirit would join the small body of the future baby that was just beginning to be formed on the physical plane.

That gentleman and that lady were the girl's spiritual mentors. For a long time, they had studied and talked about planning for the baby future life. The girl, after she was born, would have some learning missions that would help her to advance in the paths of her personal growth. The girl participated in all conversations and decisions and was happy to have this

possibility to live another life on the physical plane. It would work hard, but it would have the opportunity to make good progress in its quest for spiritual growth.

As they approached the future mother, who was sleeping peacefully in her room, the gentleman placed his hands on the head of the girl. She began to transform into a smaller and smaller sphere of light that entered the future mother's body where the pregnancy would happen. At that moment the girl lost almost all awareness of her previous condition. She would, throughout her life, recall past passages and add new knowledge to those she already had. At some point later, a reverse process would take place and possibly she would have the opportunity to review her mentors on another plane of existence.

I learned a lot quite close to the occasion of my mother and father's deaths or passages, as you prefer to call. In my mother's case I realized that she had the intuition that this heart surgery was not going to be successful. I remember well when she shook my hand when I was talking to her in a coma or something like this. It was not easy. We who believe in reincarnation almost always falter at the time of the death of people we love. It's part of the script. In deep, I believe that life goes on and no one really dies. Just change the existence plane.

In my father's case, he had a brother with whom he had particularly strong spiritual ties due to various difficult and happy situations in the past. I watched several of them. At one point that my dear uncle, who still serves as an example to me in some respects difficult to explain in a short book, became ill.

He was admitted to a hospital and had his leg amputated and shortly after died. It was such a disappointment to my father that I immediately realized that he lost the will to live here on our physical Earth, although he never said this to anyone. A few months later he died “unexpectedly”. I clearly understood that he had simply lost the desire to stay here on our blue planet.

There is a time when, even living in good and happy conditions, with a great wife, children and family, we realize that the excitement of living here is not as intense as it once was. The signs are that we are becoming more boring and grumpier, less willing to do challenging things, not wanting to leave the house too much, and other things. It is something like what is called in the medical world of depression. Living in a wonderful and abandoned city like Rio de Janeiro certainly make this kind of process happens more often and faster, with serious and hardworking people.

13. THE LECTURE ON HOW WE GET IDEAS AND INFLUENCES

There was a talk that showed the question of how we receive external influences throughout our daily lives. In the projection was shown a day of the life of an ordinary person who, in the morning, went for a walk in a pleasant park full of trees and flower gardens. There, this person walked happily for a few hours. You could see in the movie that some small almost invisible beings were around that person most of the time. They were like leprechauns who whispered beautiful and useful messages and ideas much of the time.

There were not only beings with human forms. There were some who looked like gnomes, others like flying fairies, and so on. It was an inspiring place and when you left you felt much better than when you entered. In places such as museums, schools and places of art and good music, there is often this kind of good atmosphere and good influences.

In the afternoon this person went to the big city center where lived. Centers in some large cities are places where you could easily get angry and lose your temper due to the many stressful situations. Also, near that person, were several beings who often were encouraging to react negatively to the bumps and harsh words.

Almost none of the peaceful beings which were present in the happy morning could be seen in the downtown environment. On leaving, that person was tired and with a little headache. It was a very unpleasant and discouraging feeling.

In the evening the person went to a party full of people and very loud sounds. Most people drank too much and some took drugs. It was unpleasant to see the appearance and atrocities of the almost invisible beings in that environment. They had the appearance of crazy people, and some had the appearance of strange and wild animals.

They encouraged those present to drink and to fight. When this happened a kind of green energy emanated from the people involved. Then those strange beings would rush to absorb this energy by sucking it up.

It was possible to see disgusting and explicit scenes of energetic vampirism. The people at the event the next day felt physically devastated, unable to do useful things. A large amount of her life energy had been sucked. Some feelings, when they occur frequently such as envy and bitterness, also drain the energy from our bodies.

ENVY (author: Sérgio Feitoza and Hugo Cordova)

People who spend most of their life
Saying I really wanted to be this one
Forget that when envy fills in the spaces
Is a lost time slowing all of us to grow
Get out of the dark and shadow of this feeling
Do like the sun making a green small plant to swell
Don't need to be hurry, has to be calm and slow
Slow as the seed in the blooming looking the sky
Cheer for others success, sincere in your heart
And the success will come just by your own

Then, at the end of the presentation, the speaker showed some techniques on how to protect ourselves from bad energies or to benefit from good energies characteristic of pleasant environments.

It is good to remember that there are some places where, when you arrive, the feeling of wellbeing or discomfort is remarkable, even for people who do not care much about these issues. Among the places I witnessed as particularly pleasant Machu Pichu and Cuzco (Peru), Santorini (Greece), Cappadocia (Turkey), Orlando (Florida-USA), San Lorenzo (MG - Brazil), Bariloche (Argentina) and the Norwegian Fjordsregion. There is a sky blue one that is specially good for me, in Rio de Janeiro, and whose picture appears somewhere in this book. It is where I live.

There are places that are not pleasant, even for trained people, with skills and training on how to avoid the effects of them. If one day you get into one of these places, you will realize and possibly will not want to go back. One day these places will become nice. We are all evolving for something better and places “record” the energies of those who visit them.

The speaking Avatar began by describing a very simple technique of creating a kind of energetic protective cover. It was very similar to what I learned decades ago by taking a mind control course. This simple and important course opened my curiosity to many, many other trainings that I have being doing up to now. This technique was one of the most important I learned. It appears in different ways in books, movies, etc ... about a well-known Avatar who was used to say something like this: “These things were made for simple people. If I can do it, you’ll do even better than me.” One who reasonably

understands the meaning of this phrase need no religions or intermediaries between the physical plane and the true spiritual world.

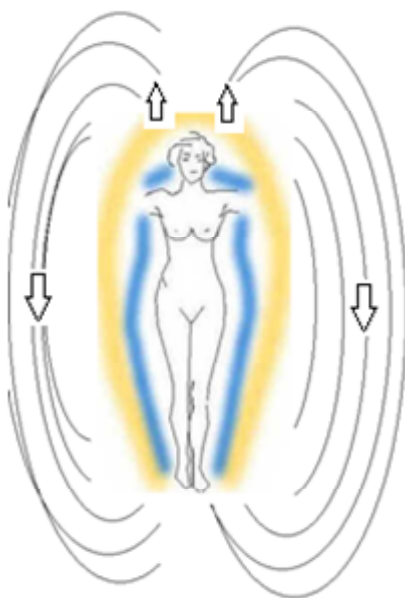
The “Protective Cover Technique” was well explained in the lecture. It is a good technique and before talking about, it is worth remembering simple facts. When the ceiling fan blades are moving to refresh the air, we can see behind them because they are moving at a high frequency. However, if they are stopped, the solid body do not permit to see what is behind. The difference between solid, liquid and gaseous things is the distance between the molecules and atoms that make them up.

This is linked to the vibration frequency of that part of space. When we turn on the fan the blades will start moving at a much higher frequency and soon you will see through them as they become transparent to the visual ability of your eyes. Then you can see what’s behind them.

They are there and if you put your hand will get hurt although you cannot see them. If you want to imagine that there are energies and spirits that operate at much higher frequencies than those of our “solid” physical bodies, it is easy to imagine that you would not see them. You even could feel the effects of the presence of the energy. For people with more trained psychical vision you can even see them, hear them, etc. Many books have erased the phrases about this 1000 to 2000 years ago.

Well, the technique is that you imagine that the energies around your body begin to move more or less like the following figure. You will try, for a few minutes, to imagine that you are

forcing that circulation to happen faster. Try each exercise slightly increasing the duration and speed of circulation. By doing this you are placing a higher frequency on the areas around your body.



The effect is as if you create a protective cover around yourself. Lower frequency energies such as “bad thoughts” can’t get through this type of cover. If you are persistent you will reach a point where this cover acts as a mirror reflecting low level thoughts, etc. Of course, the emitters of this kind of low level thoughts will avoid directing them to you as they will return to the emitters.

At the end of the exercise try to say or think something like “this cover is getting stronger and more protective”. Believe it, it will be so. If you are ever experiencing a difficult place or

situation, remember your cover as if it were very active and bright. You will be surprised.

When entering energy-draining locations such as cemeteries and hospitals, try, before entering, to remember and reinforce your cover. After a while you will do this almost automatically. You can even make these covers to help protect others you care about.

14. THE LECTURE ON MENTALIZATION TECHNIQUES

The speaker Avatar spoke, without many words, more or less the following. We all have some hard days. Without them we would not know what a happy day is. So, if you're sad, upset, depressed, with an unresolved passion or with a headache, don't find parking space, can't find a job, don't lose your temper or composure. Everything goes by and this too will pass. We are going to show here a simple technique to help with this.

First, keep in mind some details that will help you to achieve your goals. If you ever need to complain about something, do it without offending or hurting people. Acting angry exposes your weakness in dealing with problems. Employers do not like this, and competitors may want to take advantage.

There are three essential conditions to achieve a certain goal working with mentalization. These are (a) you may have the merit to achieve by striving for it. (b) your goal should be reasonably possible in your mind, even if difficult, and (c) it shall be something that you sincerely desire to happen.

Focus the powerful willpower to improve your life. One way to do this is to focus 5 minutes every morning on the things you want to happen that day or later. Make it as simple and straightforward as possible, as if viewing the scene already done on a movie screen. Do it at home, on the walk, on the bus, on the train or ferry. Use this approach before work meetings or to wish to improve someone's health by imagining that person already healed or in a better situation.

The most important thing is to create the discipline of not failing to do it regularly. Repeating the practice for a few weeks you will see the results and become sure that it works. There are people who call this learning “to have faith”. It has nothing to do with religion. It is just mental exercise. Real and without intermediaries. Don’t be wondering why it works. Just do it without questioning.

When you have not yet achieved something desired, instead of being sad and giving up, keep mentoring or praying about something like writing a song, making a movie or a play, a cooking recipe, creating a haircut, improving your health, or creating a better way of driving a bus or some transportation.

Try to reach your goal as if you are taking off on a plane soaring through the clouds and suddenly, passing them, you see the blue sky above, and the whole landscape. Always think that you are almost out of the cloud and about to see the beautiful landscape. If the goal to be achieved is a little more difficult, plan to do this exercise a number of days in a row, for example seven.

Mentalizations only work for “good” things. If your goal is related avoid something to happen or something you want not to be on your mind anymore, you can imagine that you are seeing the unwanted scene in a glass mirror and imagine yourself throwing a stone at it and mirror breaks into a thousand pieces. It’s just to break it in the imagination. Do not intentionally break a physical mirror. Then avoid thinking about the unwanted situation. When you think too much about something you don’t want to happen, you are actually increasing the probability that it will happen.

As is written in many books, thoughts are real things that have consistency in the extra physical world. So, if you are afraid of being robbed on a bus and put a small money bill in your pocket to give to the thief, in such a situation, you are attracting the robbery situation to you as you are mentoring it. In my previous book "Between Calculations, Songs and Meditations" I show several details of these techniques. If you want to check this searching the Internet. The title of the book in Portuguese is "Entre Calculos, Musicas e Meditações". I did not prepare an English but maybe I will do it in the near future.

There are many variations of the technique, and if you want, for example, doing something to keep your health at a good level, can often energize each part of your body from the feet to the head. Imagine that you are looking at your organs, one at a time, and that they are in great condition and happy. Use your imagination to play mentally with your organs.

In addition to doing these daily mentalizations I usually do them at the end of the year. I do for a few days, a mentalization of the 7 major goals to achieve the following year. I begin this work by recalling the goals of the previous year and thanking for their achievement.

If you train hard enough you might even be able to do some miracles someday. Interestingly, many of these techniques, thoughts, and possibilities were in the old religious books, but they were taken from them for the simple reason of empowering the humans who control religions.

15. THE LECTURE ON MIRACLES AND CURES.

Early in this talk came a scene in which a white-haired, bearded gentleman began to have a problem with his eyesight, and very quickly his vision worsened to very difficult levels. At one point he and three friendly people sat down to say a special prayer aiming to improve the problem. They were trained to do spiritual healing work and had already achieved important results in many other cases.

A few days later the four met and in a casual conversation commented on the previous meeting. Then that gentleman realized that his problem had stabilized and had no longer had the constant worsening that indicated that soon he could no longer see. He was surprised by his own condition and had a clear feeling that this had been a consequence of that prayer.

One friend, who was generally more skeptical, did not attach much importance to the matter, understanding that it had been a normal body reaction rather than prayer. Another had an insight and saw that there had been an exceptional event, a true miracle.

This is the difference between people who have more or less faith. Those who do not have much faith cannot see a miracle happening right before their eyes. Miracles happen often in our day to day life. Most of the time what we call miracles happen in the wake of a series of unforeseen facts. I imagine Zion would remember the times when he worked as a Cosmic Engineer creating coincidences.

People who have sufficiently developed faith are more likely to perceive “miraculous” events. This causes an exceptional good and brings important advances to the soul. I believe it is more important to realize that a miracle or a cure has happened than the result of the miracle itself.

In these moments of perception there is a kind of energy spurt. It is very good, healthy and lasts for weeks. Many films about the life of one of our best-known Avatars show examples of miracles and the true phrase that if you have faith the size of a mustard seed you can do amazing things. I am not talking about simpler things like moving a thought of a ping pong ball in a bowl of water. I speak of more noticeable accomplishments such as healing people who have serious and unexplained illnesses and are healed. I had the honor of working in a health mindset group created by Ananda. I had the opportunity to witness so many successes that my statistical calculating skills could not explain.

16. THE LECTURE ABOUT THE PEOPLE FROM HERE IN A FUTURE STAGE

The last lecture in the series was given by a young Avatar, very similar to a monk I met quickly in Santorini, in a funny situation. It began by showing another planet 100 times larger in diameter than our Earth. Such a planet revolved around another sun with yellow and bluish tones also much larger than Earth's sun. The gravity of that planet was less than half what we have here, and people, animals, and vegetables were much larger and less dense than we are around here. The scene was set some 10,000 years after our present time on Earth. This is a small-time lapse in front of eternity.

As the camera approached it was possible to see that the inhabitants lived in relatively small towns of no more than 50,000 inhabitants. In these cities there were no large buildings and constructions. The houses were separated from each other and separated by trees of beautiful forests with rivers, lots of fish and something like birds. I saw something like this 30 years ago in the charming country of Canada, which is an example for the whole world, even with its hard winter.

The point of greatest difference in people was that they were much larger and no longer fed on other living beings. The main food was the energy emanating from that sun and from the center of the planet. Another very different point from what we are today is that people's focus was no longer on helping themselves to a better position.

The focus of the people on that planet was to help, using thought projections, to people and beings on other less developed planets. This was done in many ways and there were schools to teach them on how to do it. In the projection an event appeared in which a huge number of persons would gather to transmit spiritual energy to another planet. It was a scene of great beauty with lights, sounds and other aspects almost impossible to understand at our present stage.

Some 10,000 years had passed from today, and that planet had, along this time interval, three quality leaps similar to what we described at the beginning of this book. Since there was no longer a struggle for food and power, those common feelings in today's Earth such as vanity, envy, and arrogance, if they still existed, were imperceptible. The moral value of people was associated with how much energy it could transmit to help beings on the other planets to be helped.

The beings who lived there were the evolution of those who had inhabited our Earth of today and well more improved on the physical, emotional, mental and spiritual levels. They were 2 to 3 meters high and, being very light, they could move with great ease. It was striking to see that they were almost transparent. One could see approximately human form and appearance, but they no longer had the density of our present physical body. Some of them, the taller ones, were almost invisible and most of them could move using only the power of thought.

Throughout this lecture Zion realized that just one or two lives ago, he was one of the persons living on this earlier, bluish sun planet. However, as he was not advancing very well there, he was sent to spend a period on Earth, a less developed

planet, with the goal of improving himself. In other words, on that earlier planet he was not long ago in the group of “bad guys”. This perception, which is not common in these situations, was provided by Kalioux, who had good plans for our Zion’s future.

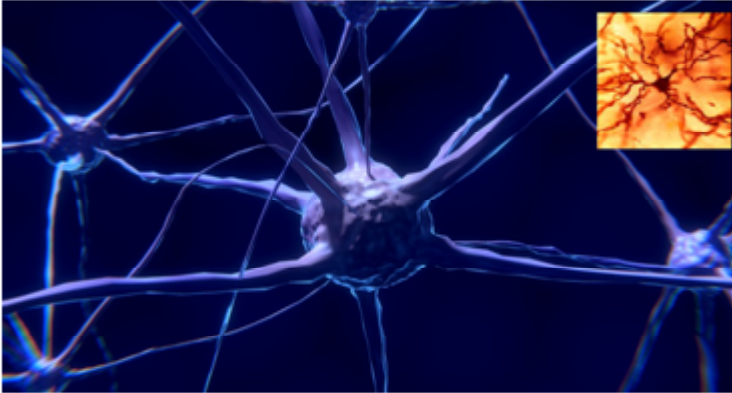
And then, Zion understood that he had finished his mission on Earth and that he had carried it out to his satisfaction. He now knew that he was also one of the avatars. Then Kalioux came close to him and touched his forehead, intentionally in front of everyone there. Zion was slowly becoming invisible until it disappeared and woke up on the previous more evolved planet. Those in attendance understood what had happened and it immediately created an expectation of better days on our Earth and a vision of the better ways we are moving forward.

In that moment when it was subtly disappearing, Zion had a strange vision that began with a simple advanced math book that talked about artificial intelligence techniques, increasingly used here for engineering, advertising, manufacturing, and machine control. and robots.

This did not surprise him because it was part of things on Earth that he had already dealt with, even in his planning of cosmic engineer coincidences. He had a vision of the evolution of these techniques and their applications in the distant future where, in many cases, a human could no longer be differentiated at first sight from that of an advanced robot.

And then in the blink of an eye, he had a strange thought that if those techniques went much further, what we now see as humans could even be a mix of a robot and a human in a future time. And then he thought of strange concepts staring at the

sky. What if these stars were neurons like in this figure but with synapses working at such a high frequency that they were invisible to our human eyes? What if we were actually inside the body of such a great being that we could not even see or conceive?



17. FINAL COMMENTS

And so, our story ends. As a child I have always enjoyed stories of mystical adventures, dragons, witches, and others that extrapolate things from our daily lives on the physical plane. This story of mine I see as a real possibility that I would very much like to happen. I thank those who helped me to imagine it and to write. I think there are plenty of people around here who help me. It's even possible that Zion, Kalioux and others mentioned here have helped in some passages. I will never know for sure. But I hope that the course of the life happens more or less like this. I thank to everyone.

And to conclude, here are some things that I try to practice on a daily basis.

a) Do not overemphasize hints and advice but try to understand if there is anything useful in them. We all have spiritual protectors and some of them may have whispered a message to you.

b) To watch carefully my own acts and thoughts, especially if alone. Throwing a piece of paper on the floor thinking that no one is looking or wishing something bad for a person will weigh on your soul because you know it is a flawed act.

c) Try to do useful things to others. Helping people is good.

d) Do not give up if you are trying to achieve something that seems difficult. If you deserve it, you

will get it. While you can't get it, try to help others to achieve their goals.

e) Have less attachment to material things. A good workout for this is to donate clothes that you wear little. Those who have too many clothes in the closet are always rumpled.

f) Practice mentoring to achieve goals every day. For each one achieved try a larger goal. If we can imagine a goal it is possible to achieve it.

g) Between one star and another in the sky there is more space than anything you will go through in your life. Be humble, realize the size of your legs and remember that we all can do miracles.

Have a happy life and until one day, in some other book or coincidence !!!.

SERGIO FEITOZA COSTA

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<http://www.cognitor.com.br/ProducaoMusicalSergioFeitoza.html>

Vídeos YouTube

<https://www.youtube.com/user/SergioFeitoza/>

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<https://store.cdbaby.com/Artist/SergioFeitoza>



Another book:

Between Calculations, Music and Meditations”
(December 2012)

(in Portuguese: Entre Cálculos, Músicas e Meditações”)

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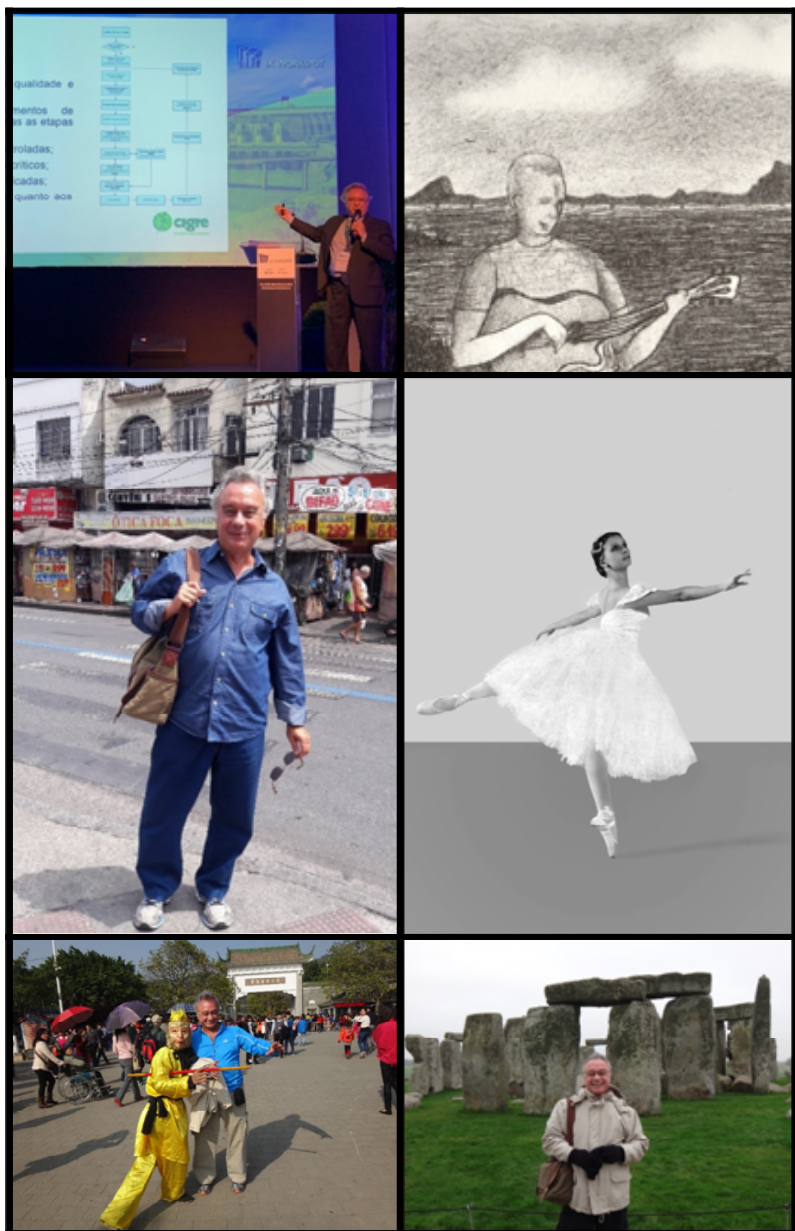
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The Cosmic Engineers in the Country of the TransAmazon Highway



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